



Travel Itinerary

The 2024 MRRL Annual Retreat



LOCATIONS: PVUB 1420 & UCLA Lake Arrowhead Lodge

OVERNIGHT LODGINGS: UCLA LAKE ARROWHEAD LODGE 

850 Willow Creek Rd, Lake Arrowhead, CA 92352 

ARRIVAL: October 01, 2024 **DEPARTURE:** October 02, 2024

**DAY 1
MORNING**

- MORNING:** Arrival at PVUB 1420
- MRRL/PI Introductions
- Who Am I (Part 1)

**DAY 1
AFTERNOON**

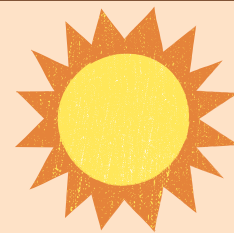
- AFTERNOON:** Lunch/Drive to Lake Arrowhead
- Arrive at Lake Arrowhead/Check-In
- EVENING:** Outdoorsy Hour/Dinner/Game Night

**DAY 2
MORNING**

- MORNING:** Breakfast/Pack-Up and Load
- Outdoorsy Hour/Contests/Break
- Lunch/Check-Out/Drive back to UCLA



DAILY SCHEDULE

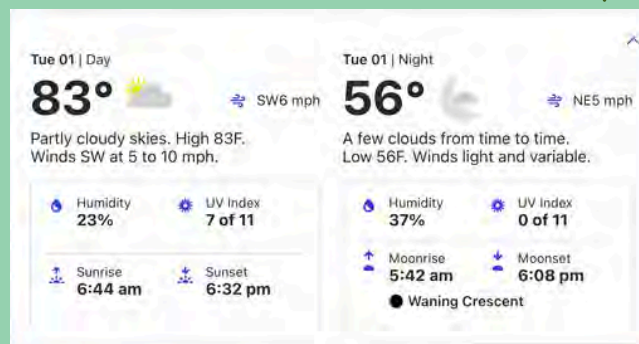


DATE : OCTOBER 01, 2024

TUESDAY

TODAY'S SCHEDULE

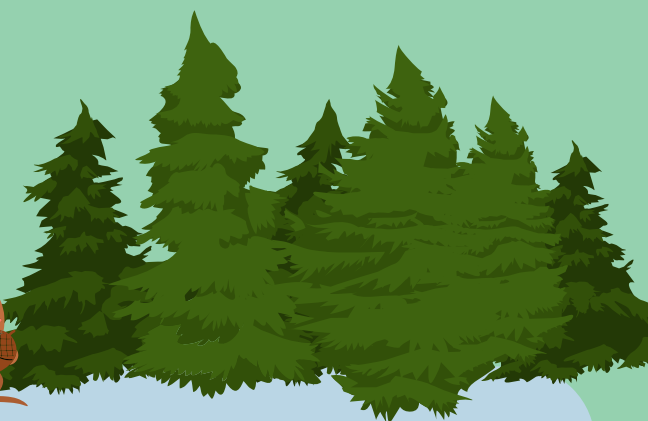
9:00 AM	MRRL/PI Introductions
10:00 AM	Who Am I (Part 1)
10:30 AM	Break
11 AM-12 PM	Group Lunch/Panel Discussion
12-4 PM	Drive to UCLA Lake Arrowhead Lodge
4:00 PM	Arrive at Lake Arrowhead/Check-In to Lodge/Accommodations
4:30-6:30 PM	Outdoorsy Hour
6:30-8 PM	Dinner
8-10 PM	Game Night/Social Hours in the Iris Room



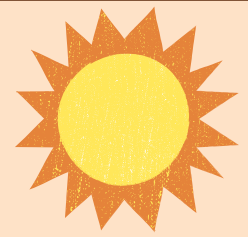
TODAY'S GOAL

- Learn about each other
- Have a great time!

NOTES



DAILY SCHEDULE



DATE : OCTOBER 02, 2024

WEDNESDAY

TODAY'S SCHEDULE

8-9AM	Breakfast
9AM	Pack Up and Load
9:30-10:30AM	Outdoorsy Hour
10:30-11AM	Photo Contest!
11-11:30 AM	Who am I (part 2)
11:30-12PM	Break
12-1 PM	Lunch Hour
1:00 PM	Head back to LA!
	ETA 4:30 PM



Wed 02 | Day **80°** Sunny. High near 80F. Winds SSW at 5 to 10 mph. 2% SSW8 mph

Wed 02 | Night **51°** Clear skies. Low 51F. Winds light and variable. 1% SSE6 mph

Humidity 26% UV Index 7 of 11

Humidity 43% UV Index 0 of 11

Sunrise 6:44 am Sunset 6:30 pm

Moonrise 6:38 am Moonset 6:31 pm

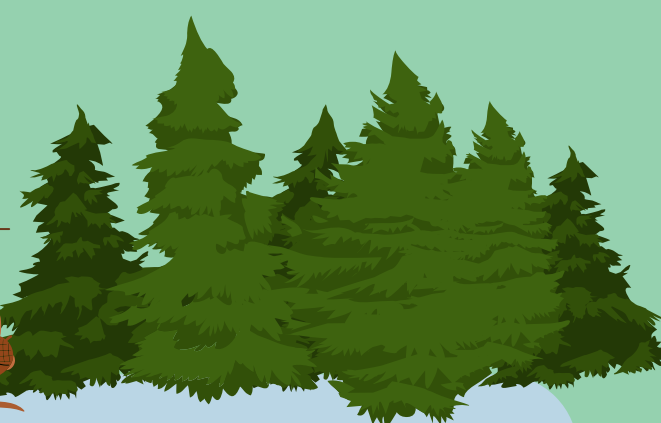
● New Moon

TODAY'S GOAL

Enjoy the day!

NOTES

Large dashed-line box for notes.



LAKE ARROWHEAD MAP



*Ropes Course and Rock Wall available for group/team building only.

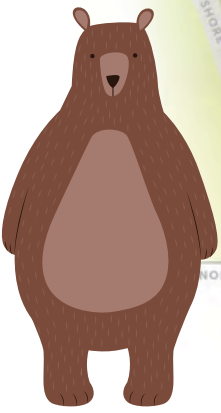
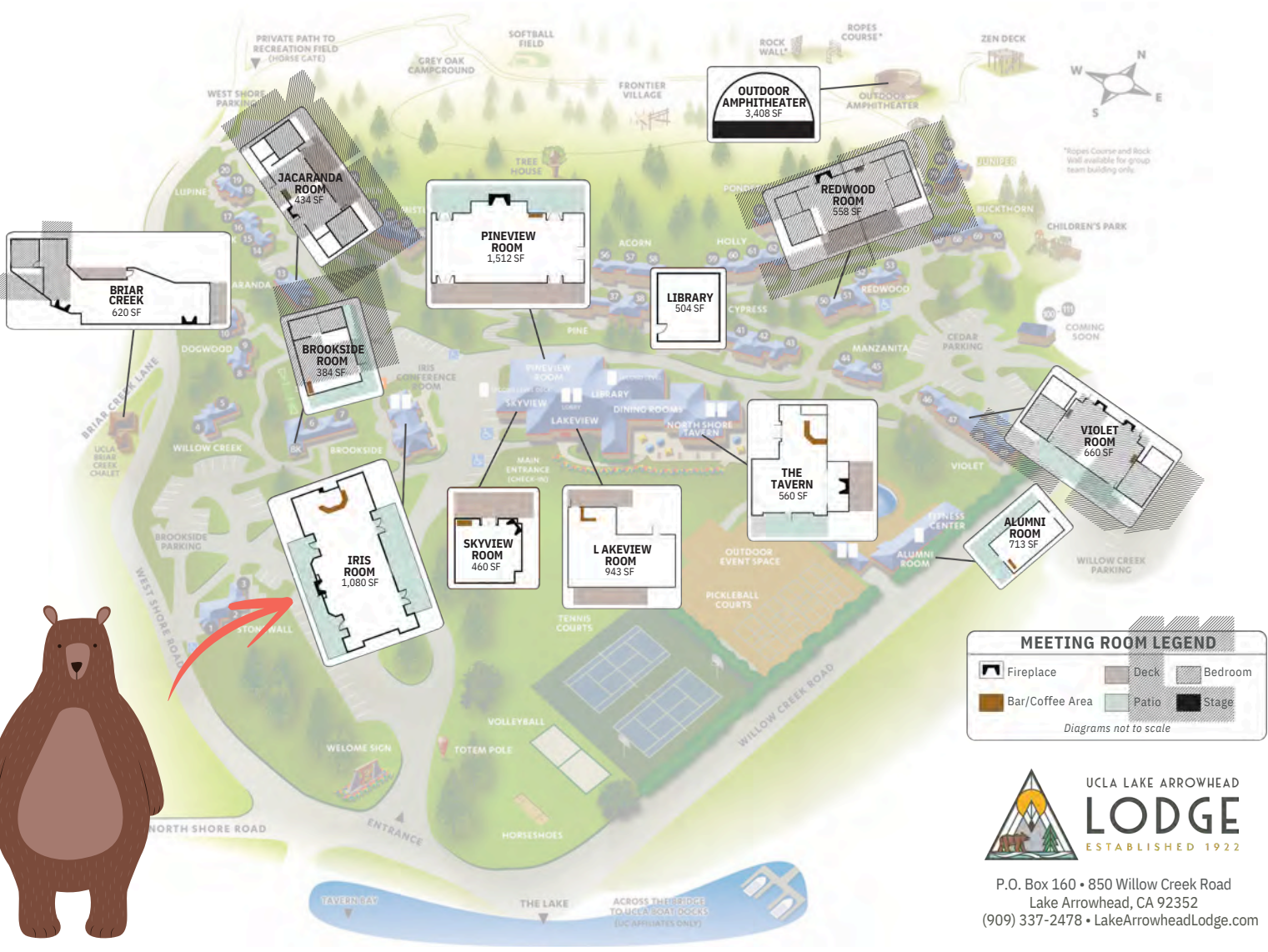




UCLA LAKE ARROWHEAD LODGE

EST. 1922

MEETING ROOM LOCATIONS & FLOORPLANS



P.O. Box 160 • 850 Willow Creek Road
Lake Arrowhead, CA 92352
(909) 337-2478 • LakeArrowheadLodge.com

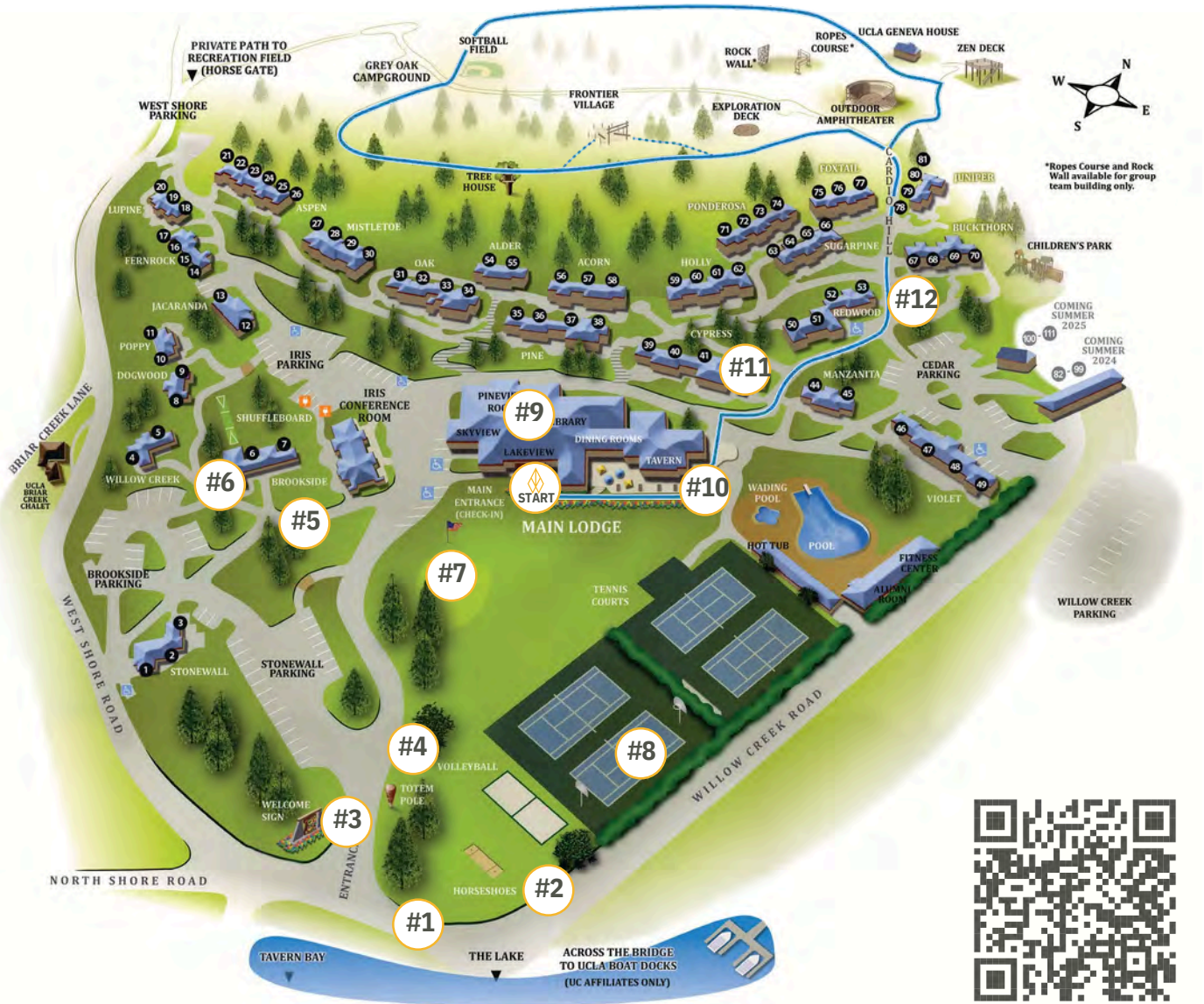


UCLA LAKE ARROWHEAD LODGE

EST. 1922

WALKING ADVENTURES

Explore the Lake Arrowhead Lodge grounds and history with two fantastic trips around the property.



Circle markers indicate points of interest on the History Walk. Head to Marker #1 and scan the QR code with your phone to get started.



The blue line indicates the Cardio Hill walk. Scan the QR code for fun facts and directions.



CHECKLIST

- | | |
|--|---|
| <input type="checkbox"/> T-Shirts | <input type="checkbox"/> Phone Charger |
| <input type="checkbox"/> Pants | <input type="checkbox"/> Pajamas/Sleep wear |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Undergarments | <input type="checkbox"/> |
| <input type="checkbox"/> Socks | <input type="checkbox"/> |
| <input type="checkbox"/> Swimsuit | <input type="checkbox"/> |
| <input type="checkbox"/> Jacket/Sweater | <input type="checkbox"/> |
| <input type="checkbox"/> Sneakers/Tennis shoes | <input type="checkbox"/> |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> |
| <input type="checkbox"/> Hat | <input type="checkbox"/> |
| <input type="checkbox"/> Towel | <input type="checkbox"/> |
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> |
| <input type="checkbox"/> Hairbrush | <input type="checkbox"/> |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> |
| <input type="checkbox"/> Conditioner | <input type="checkbox"/> |
| <input type="checkbox"/> Soap | <input type="checkbox"/> |