Imaging Sequences II

M219 - Principles and Applications of MRI

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2/27/2023

Course Overview

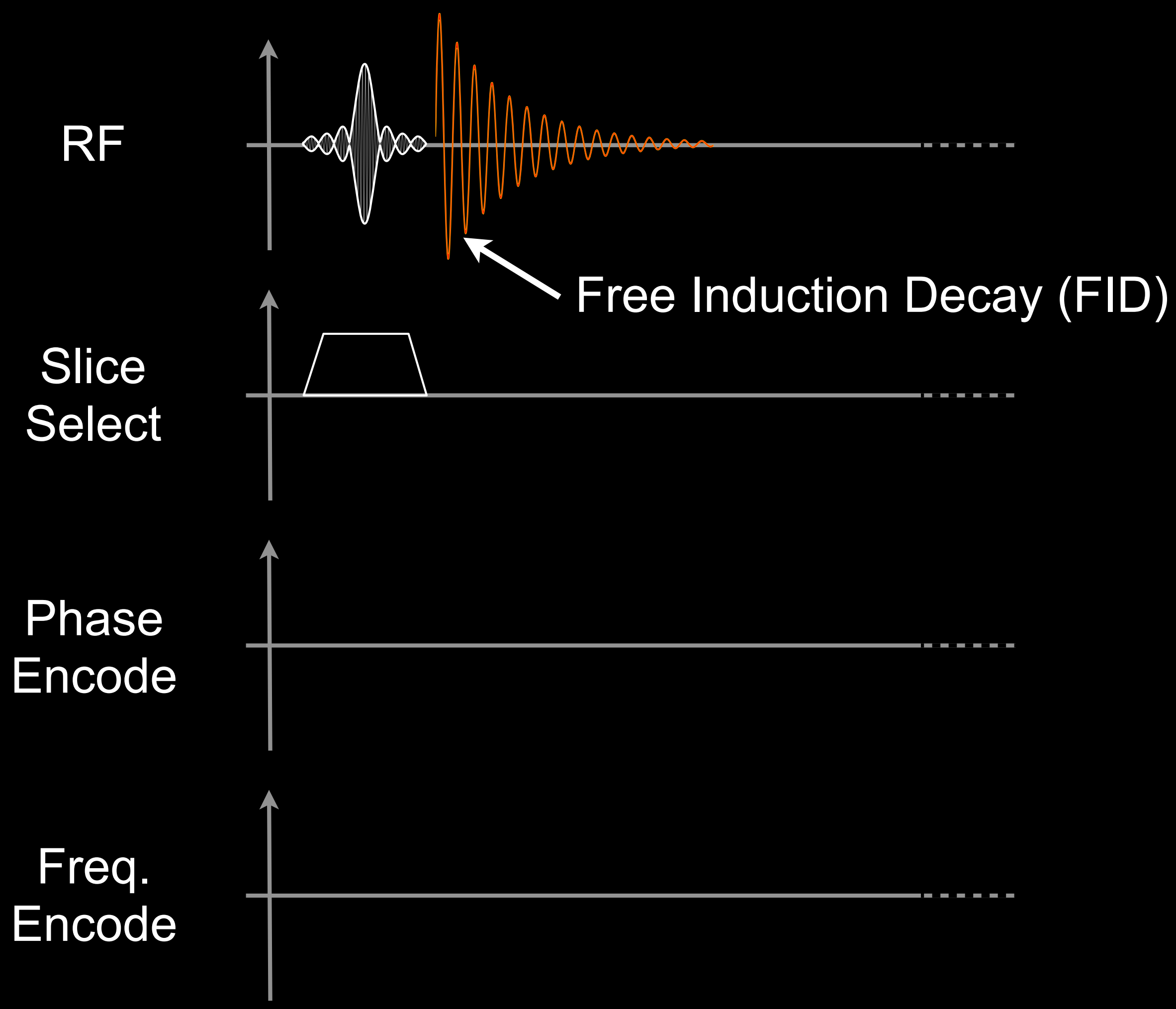
- 2023 course schedule
  - https://mrrl.ucla.edu/pages/m219_2023
- Assignments
  - Homework #3 is due on 3/8
- Office hours, Fridays 10-12pm
  - In-person (Ueberroth, 1417B)
  - Zoom is also available (https://uclahs.zoom.us/j/98066349714?pwd=cnVmV1J5QjR1d3I3cmJkQnVLSFZVZz09)

Gradient Echo Imaging

Gradient Echo Sequences

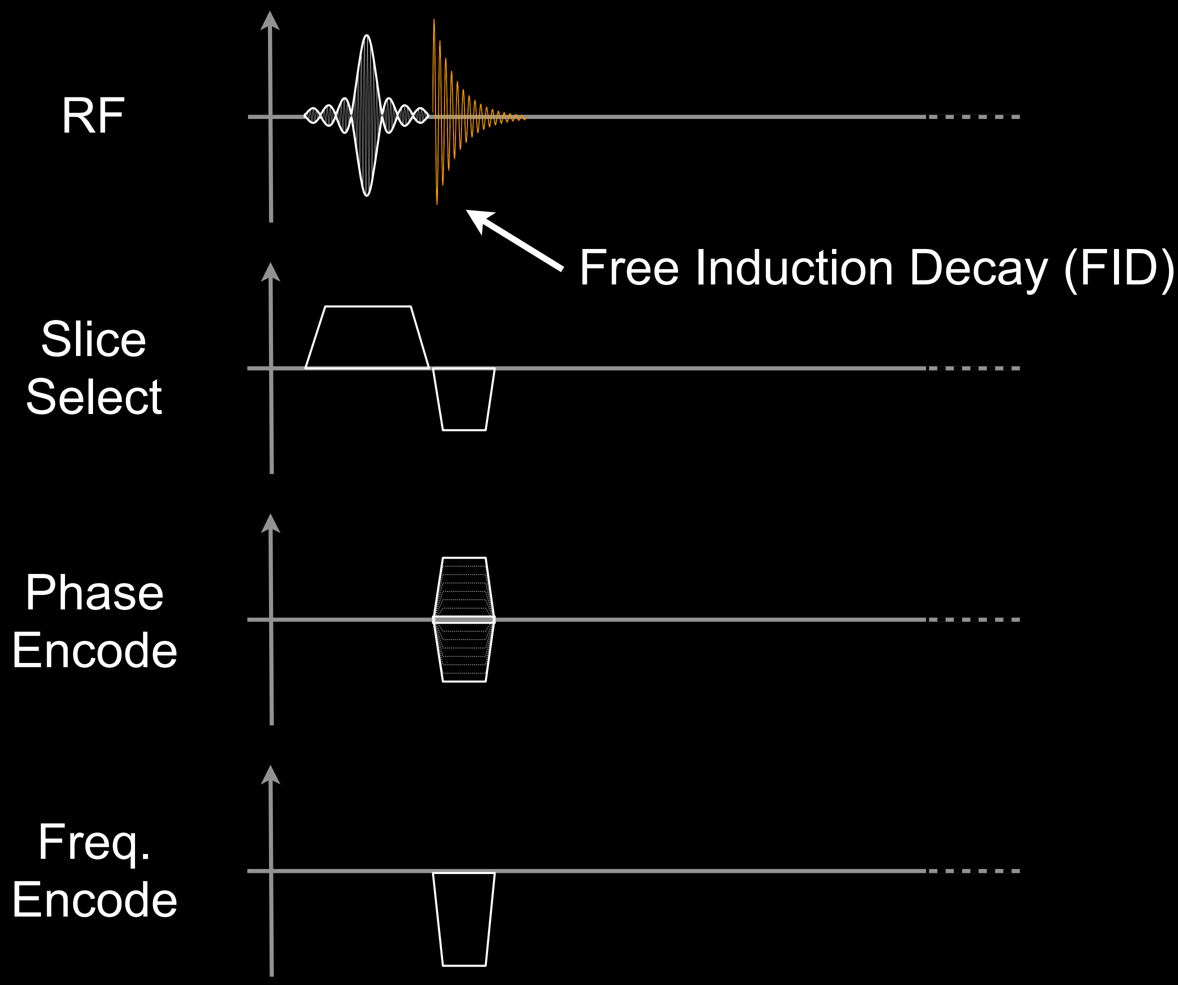
- Spoiled Gradient Echo
  - SPGR, FLASH, T1-FFE
- Balanced Steady-State Free Precession
  - TrueFISP, FIESTA, Balanced FFE

Basic Gradient Echo Sequence



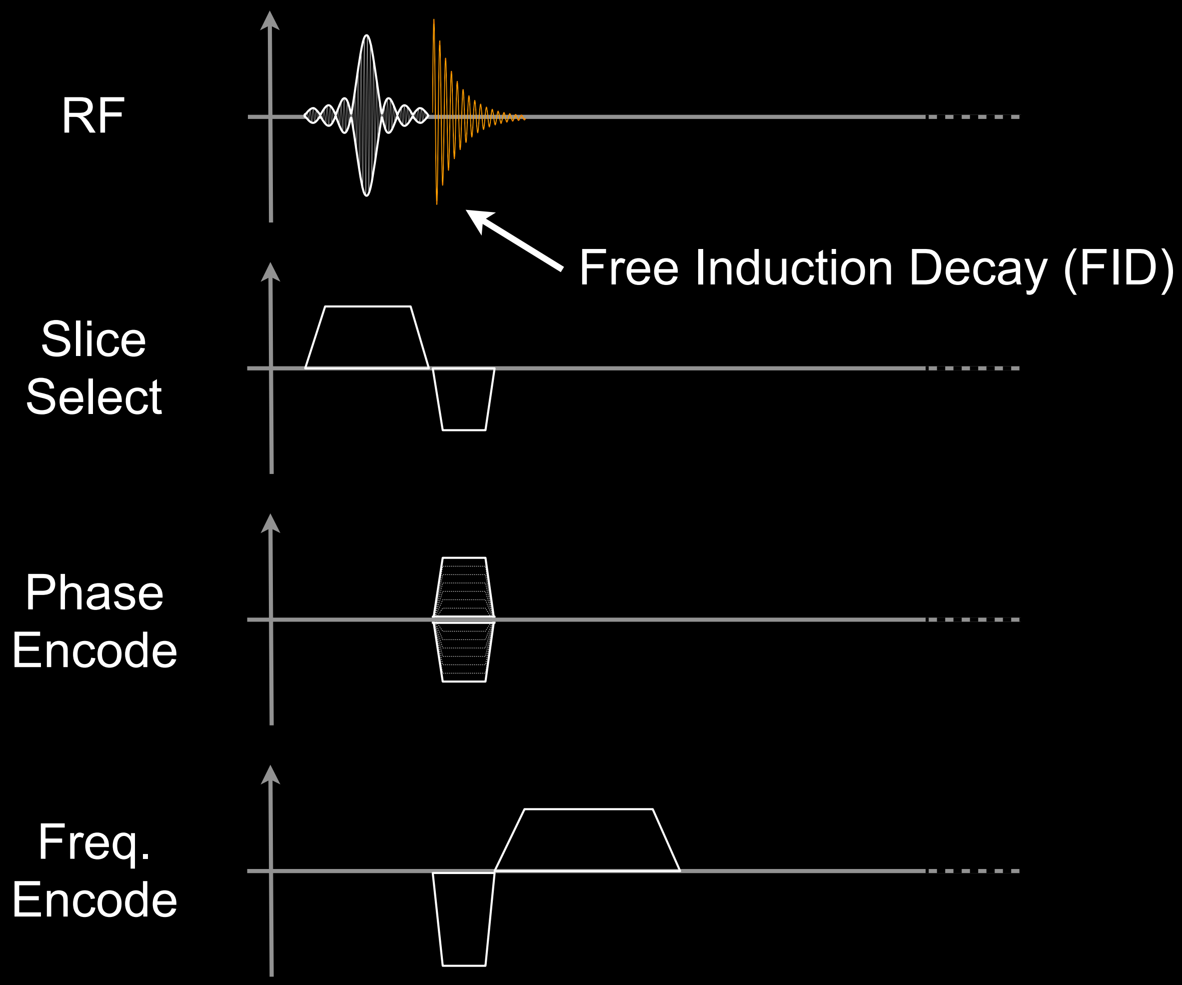
- FID Decay due to
  - T2 decay
  - Spin dephasing

Basic Gradient Echo Sequence



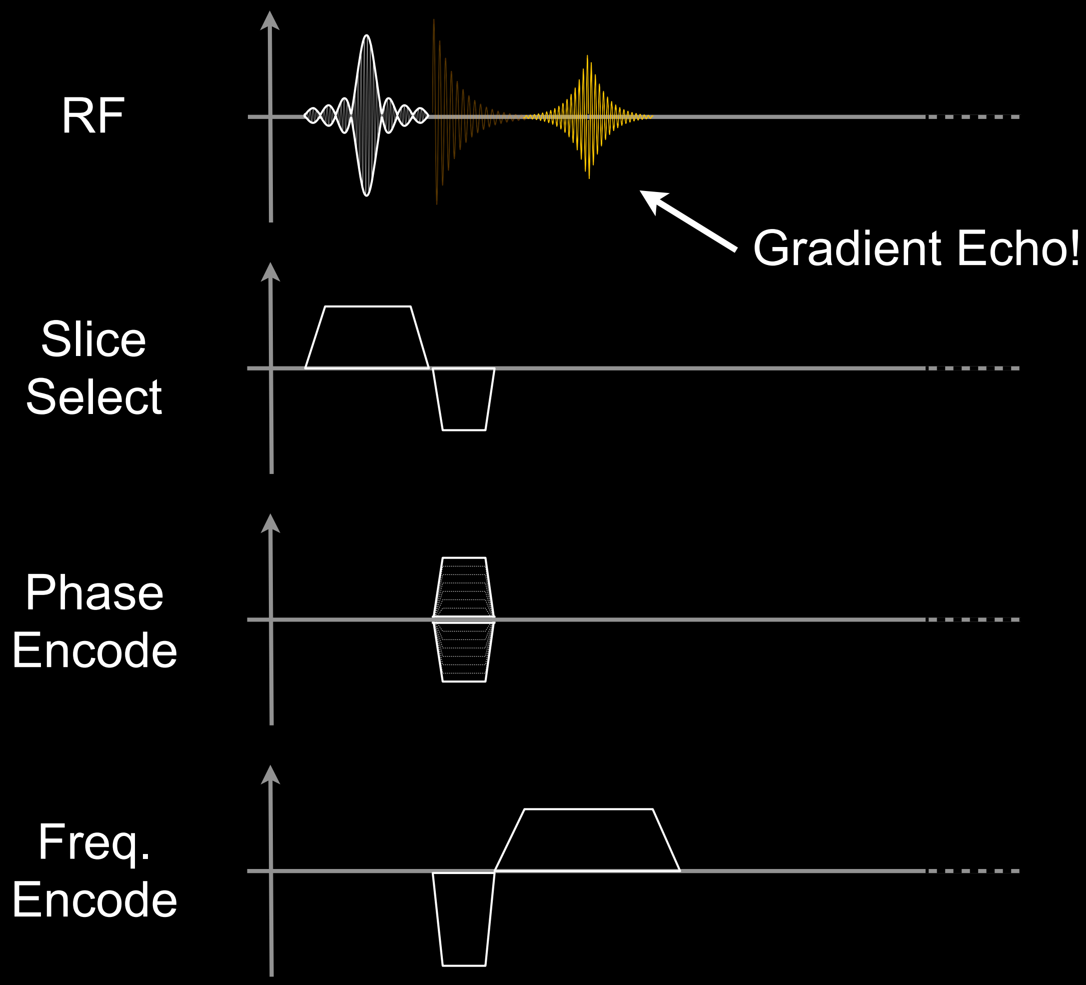
- FID Decay due to
  - T2 decay
  - Spin dephasing
- Gradients accelerate spin dephasing

Basic Gradient Echo Sequence



- FID Decay due to
  - T2 decay
  - Spin dephasing
- Gradients accelerate spin dephasing
- Gradients can undo gradient induced spin dephasing

Basic Gradient Echo Sequence



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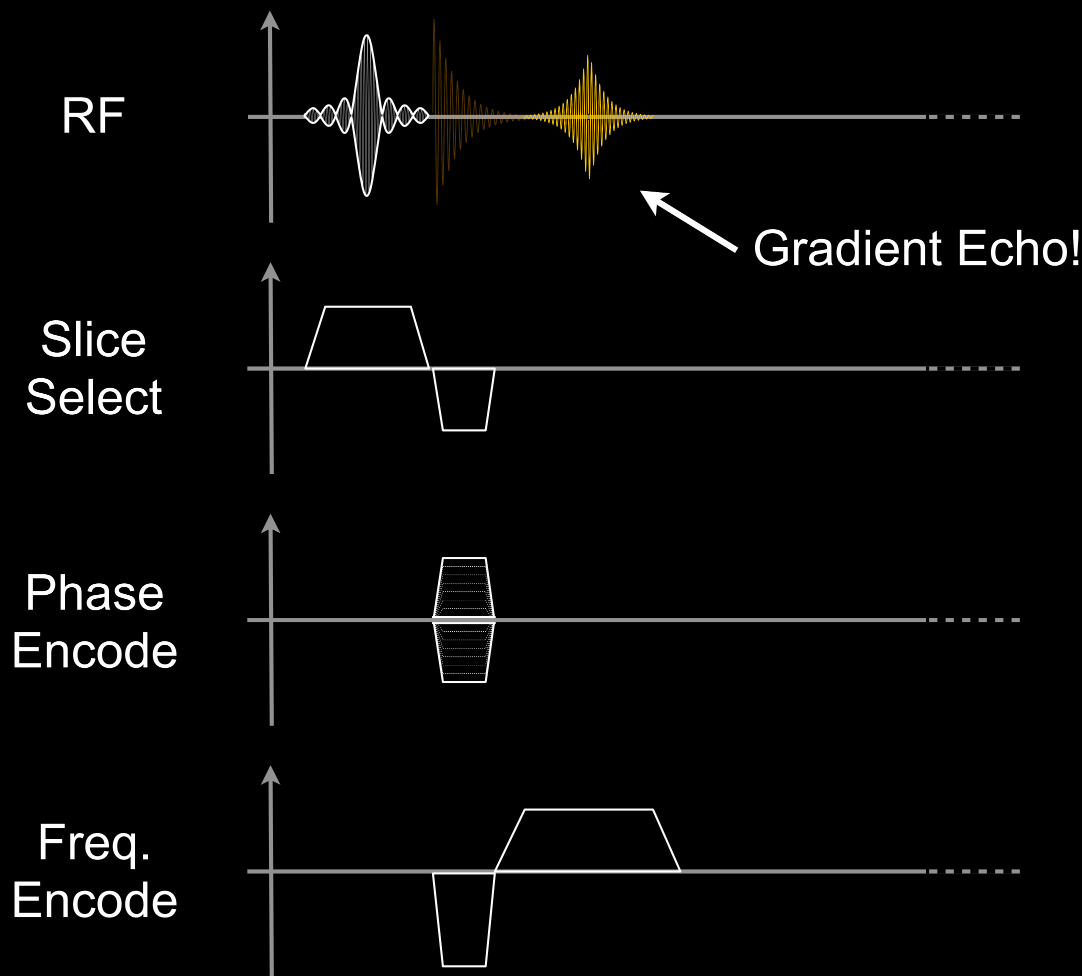

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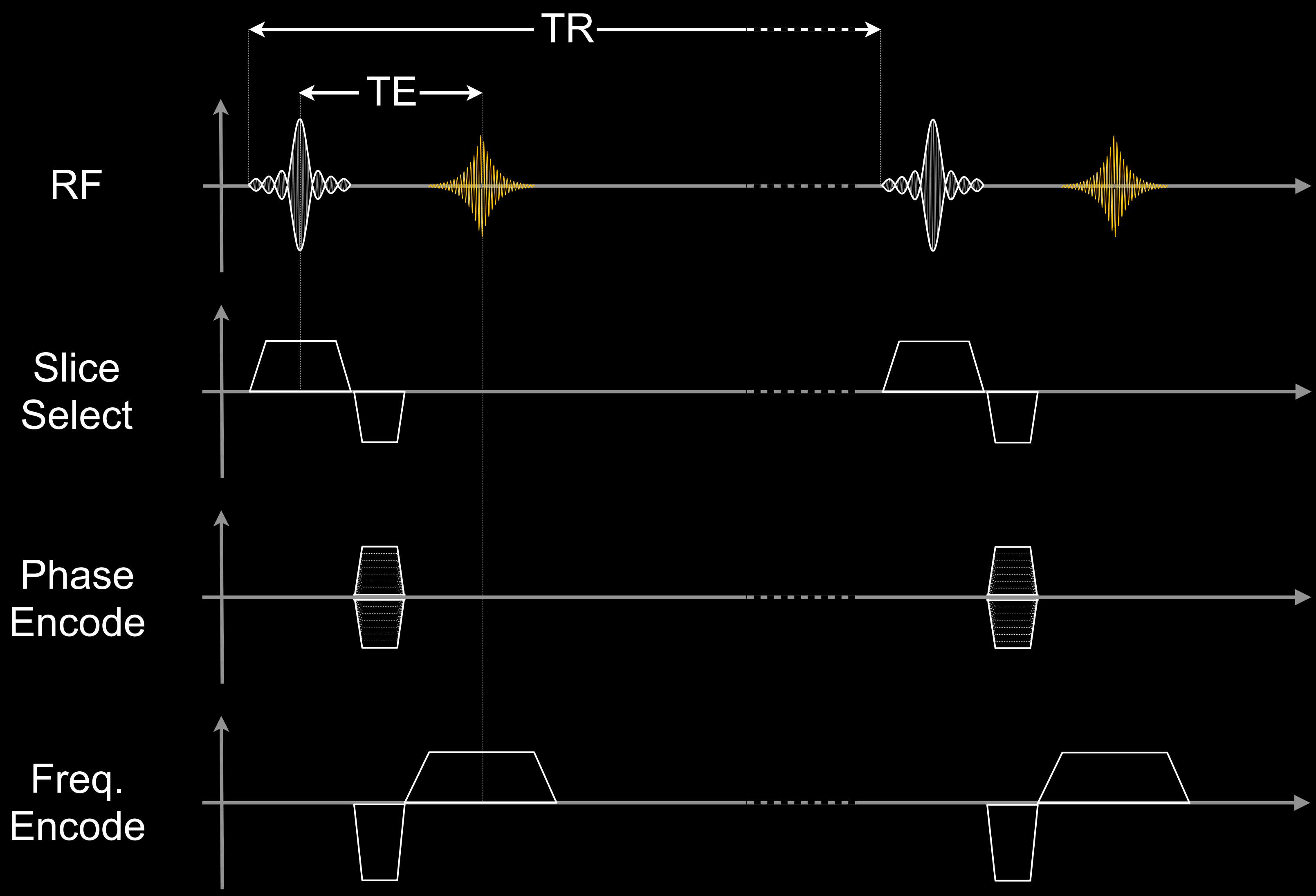
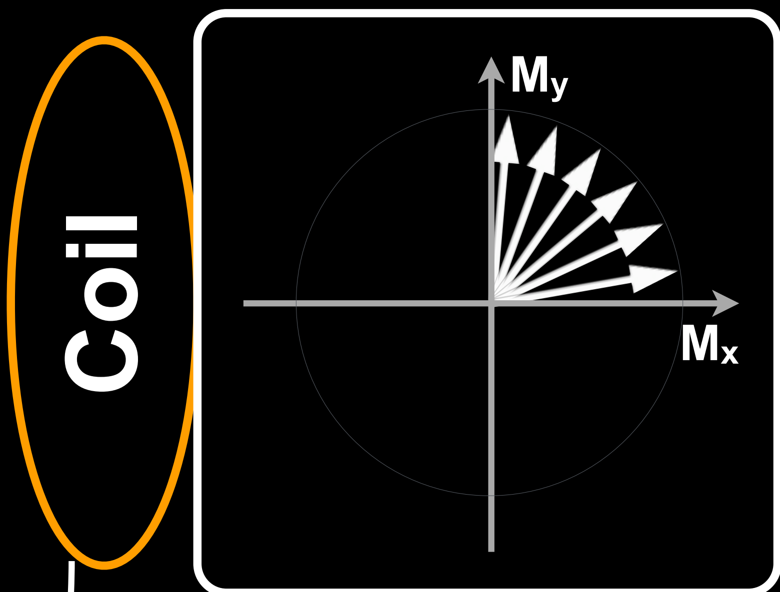
Basic Gradient Echo Sequence



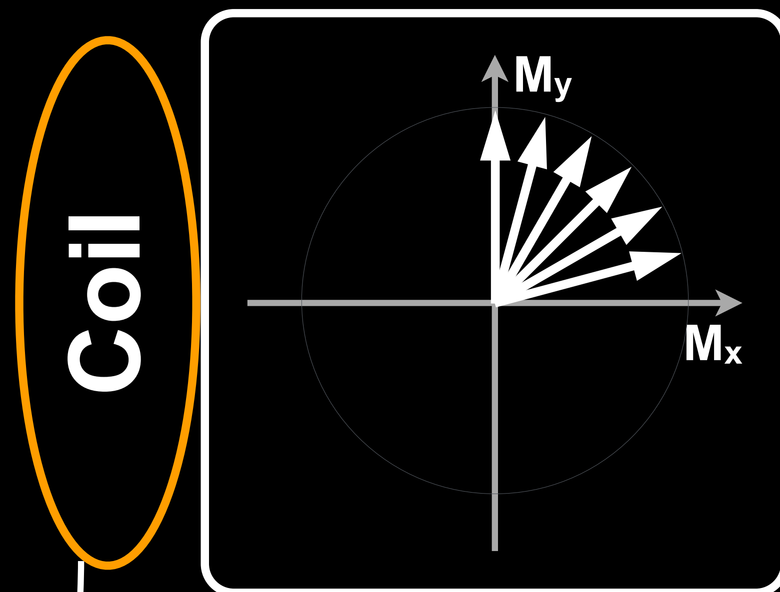
T_2 versus T_2^*

T_2 Decay



Signal loss from spin-spin interaction.

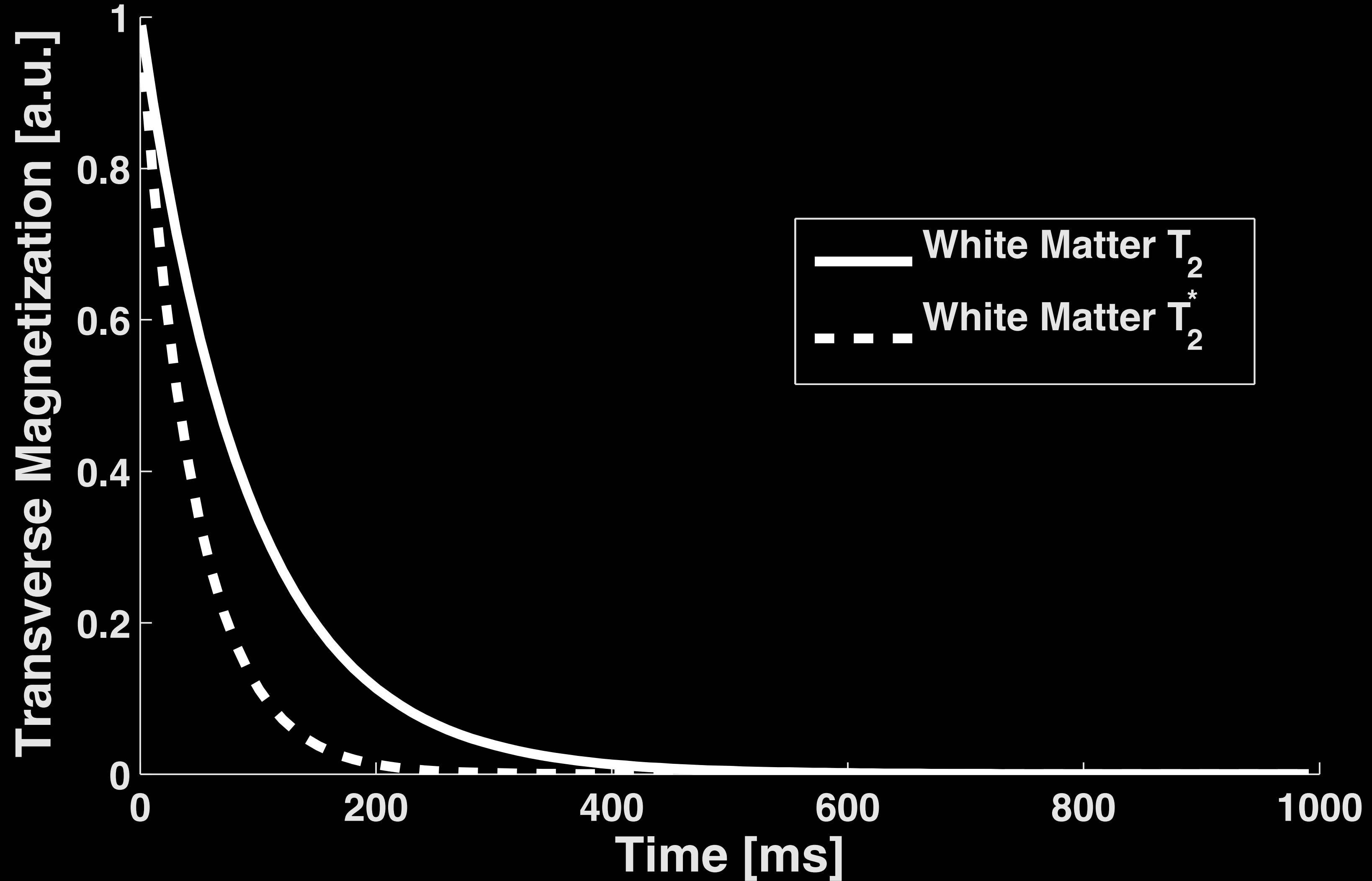
T_2^* Decay



Signal loss from spin-spin interaction and off-resonance dephasing and T_2^*.

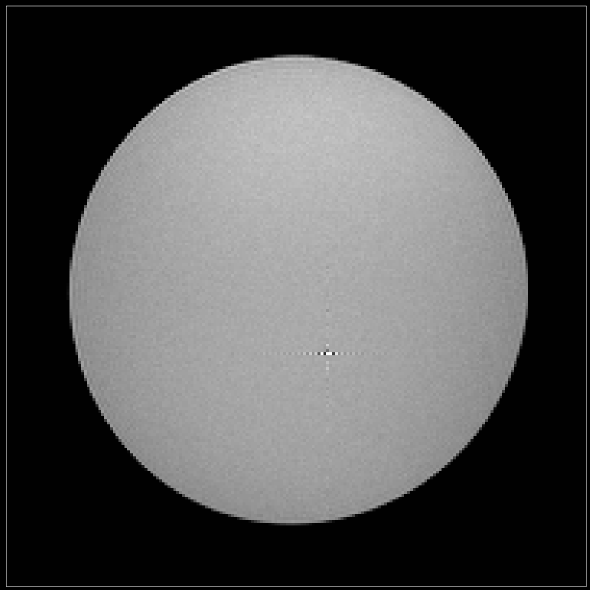
T_2^* is signal loss from spin dephasing and T_2

T2*<T2 (always!)

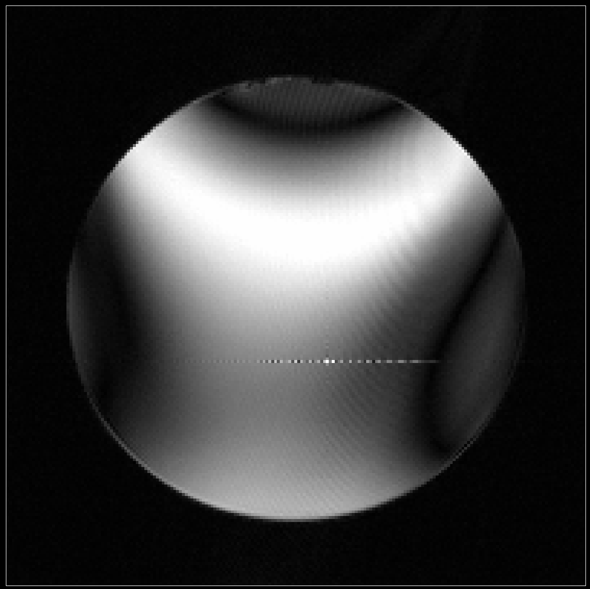

Transverse Magnetization [a.u.]
1
0.8
0.6
0.4
0.2
0
0
200
400
600
800
1000
Time [ms]
White Matter T_2
White Matter T_2^*

SE vs. GRE: B_0 Inhomogeneity

- Images acquired with a bad shim
  - Poor B_0 homogeneity (lots of off-resonance)



Spin Echo



Gradient Echo

Images Courtesy of http://chickscope.beckman.uiuc.edu/roosts/carl/artifacts.html

Principal GRE Advantages

- Fast Imaging Applications
  - **Why?** *Can use a shorter TE/TR than spin echo*
  - **When?** Breath-held, realtime, & 3D volume imaging
- Flexible image contrast
  - **Why?** Adjusting TE/TR/FA controls the signal
  - **When?** Characterize a tissue for diagnosis
- Bright blood signal
  - **Why?** Inflowing spins haven't "seen" numerous RF pulses
  - **When?** Cardiovascular & angiographic applications

Principal GRE Advantages

- Low SAR
  - **Why?** Imaging flip angles are (typically) small
  - **When?** When heating risks are a concern
- Quantitative
  - **Why?** Multi-echo acquisition are practical.
  - **When?** Flow quantification & Fat/Water mapping
- Susceptibility Weighted Imaging
  - **Why?** No refocusing pulse.
  - **When?** T_2^*-weighted (hemorrhage) imaging
- More...

Principal GRE Disadvantages

- Off-resonance sensitivity
  - **Why?** No refocusing pulse
    - Field inhomogeneity, Susceptibility, & Chemical shift
- T_2^*-weighted rather than T_2-weighted
  - **Why?** No re-focusing pulse
    - Spin-spin dephasing is not reversible with GRE
- Larger metal artifacts than SE
  - Why? No refocusing pulse.
    - Large field inhomogeneities aren't corrected with GRE

Gradient Echoes & Contrast

Spoiled Gradient Echo Contrast

Contrast depends on tissue's ρ, T_1 and T_2*.

$$A_{echo} \propto \frac{\rho\left(1 - e^{-TR/T_1}\right)}{1 - \cos\alpha e^{-TR/T_1}} \sin\alpha e^{-TE/T_2^*}$$

Contrast adjusted by changing TR, flip angle, and TE

Spoiled Gradient Echo Contrast

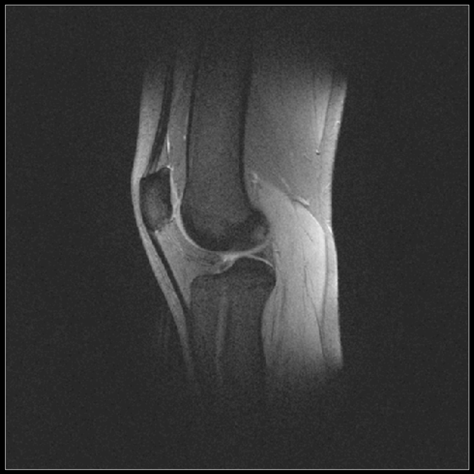
Gradient Echo Parameters

Type of Contrast	TE	TR
Spin Density	Short	Long
T_1-Weighted	Short	Intermediate
T_2^*-Weighted	Intermediate	Long

T_2*-weighted Gradient Echo MRI

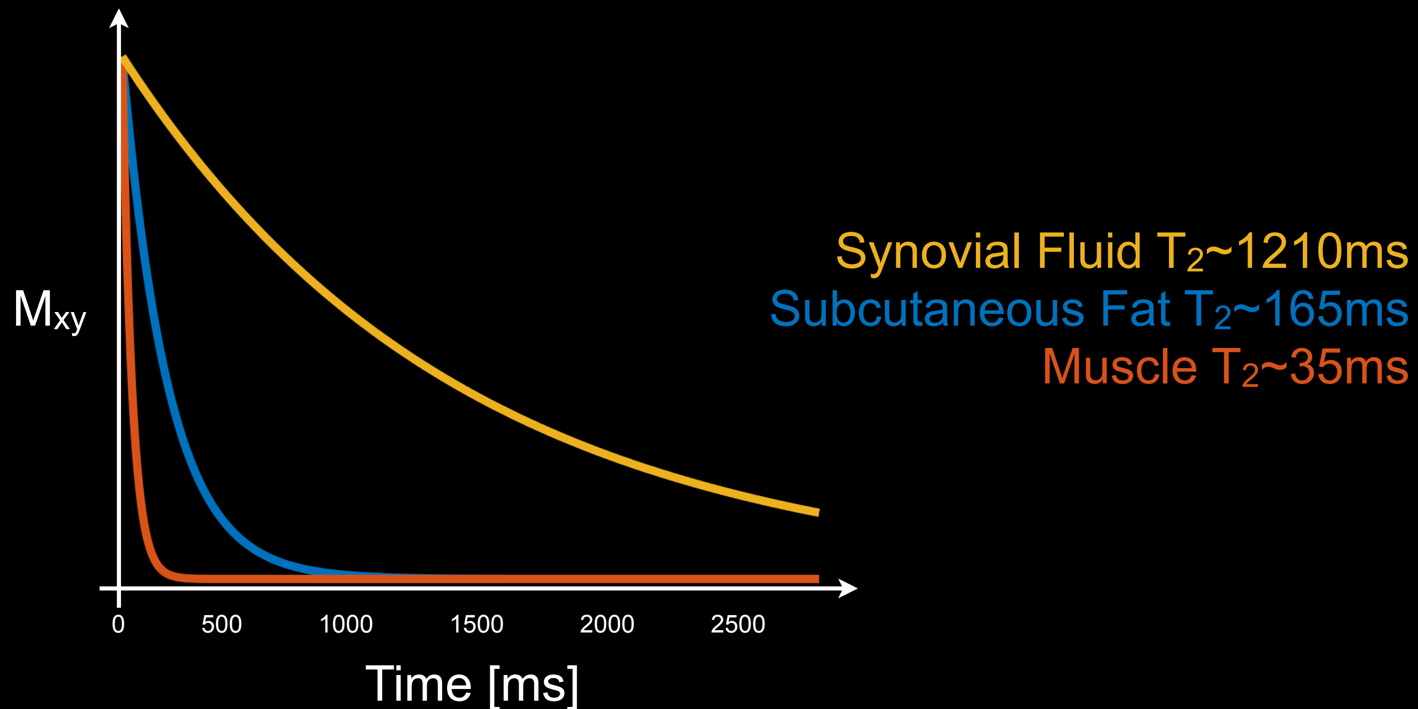
FLASH – TE=4.8ms; TR=200ms

FLASH – TE=14.2ms; TR=200ms



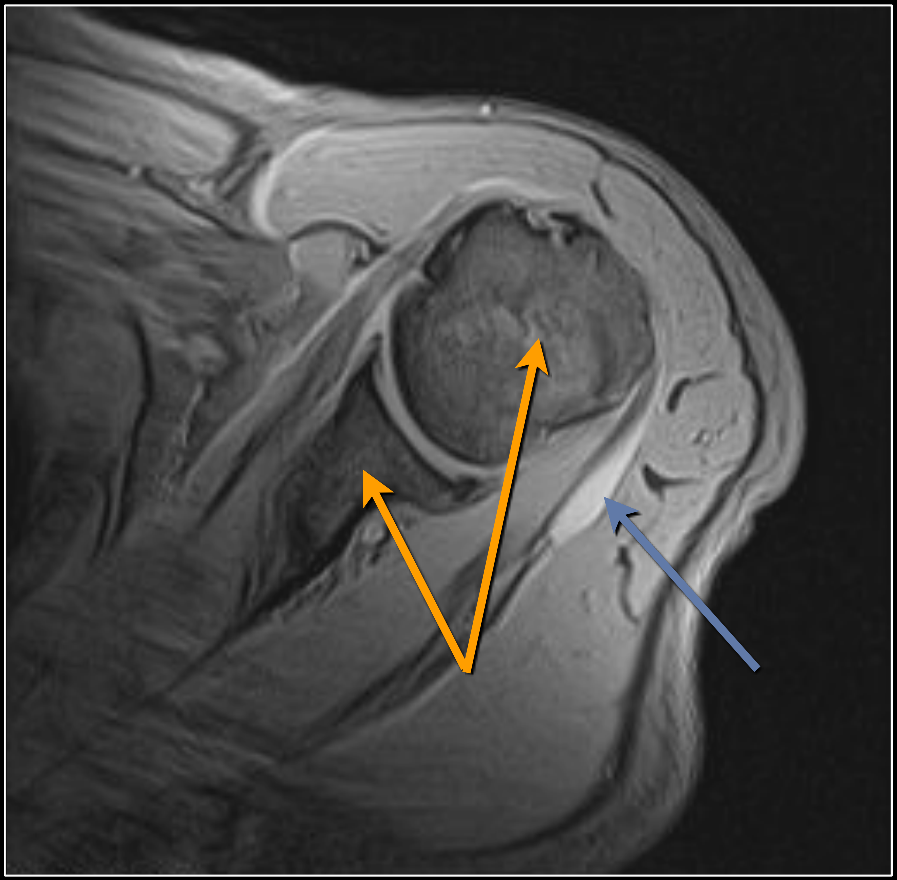
FLASH – TE=24ms; TR=200ms

FLASH – TE=49ms; TR=200ms

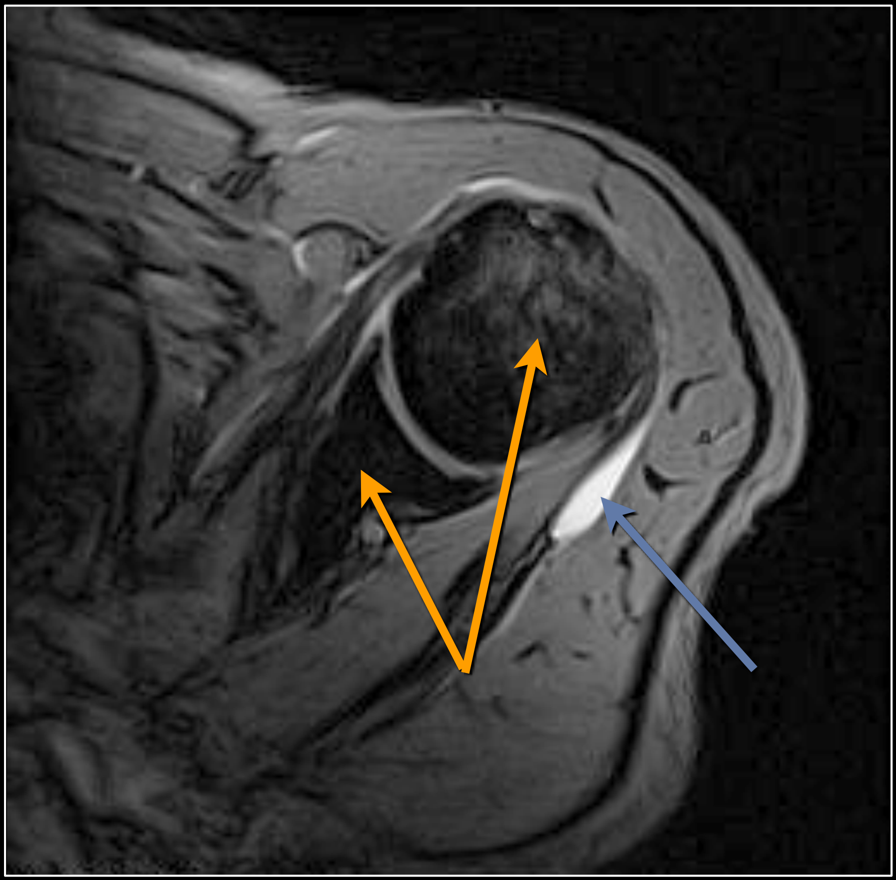


Musculoskeletal MRI at 3.0 T: relaxation times and image contrast. AJR Am J Roentgenol. 2004 Aug;183(2):343-51.

T_2*-weighted Gradient Echo MRI



TE=9ms



TE=30ms

Susceptibility Weighting (darker with longer TE)

Bright fluid signal (long T_2* is "brighter" with longer TE)

Images Courtesy of Brian Hargreaves

Gradient vs Spin Echo Contrast

Gradient Echo Parameters

Type of Contrast	TE	TR
Spin Density	<5ms	>100ms
T_1-Weighted	<5ms	<50ms
T_2^*-Weighted	>20ms	>100ms

Spin Echo Parameters

Type of Contrast	TE	TR
Spin Density	10-30ms	>2000ms
T_1-Weighted	10-30ms	450-850ms
T_2-Weighted	>60ms	>2000ms

Gradient Echoes & Flip Angle

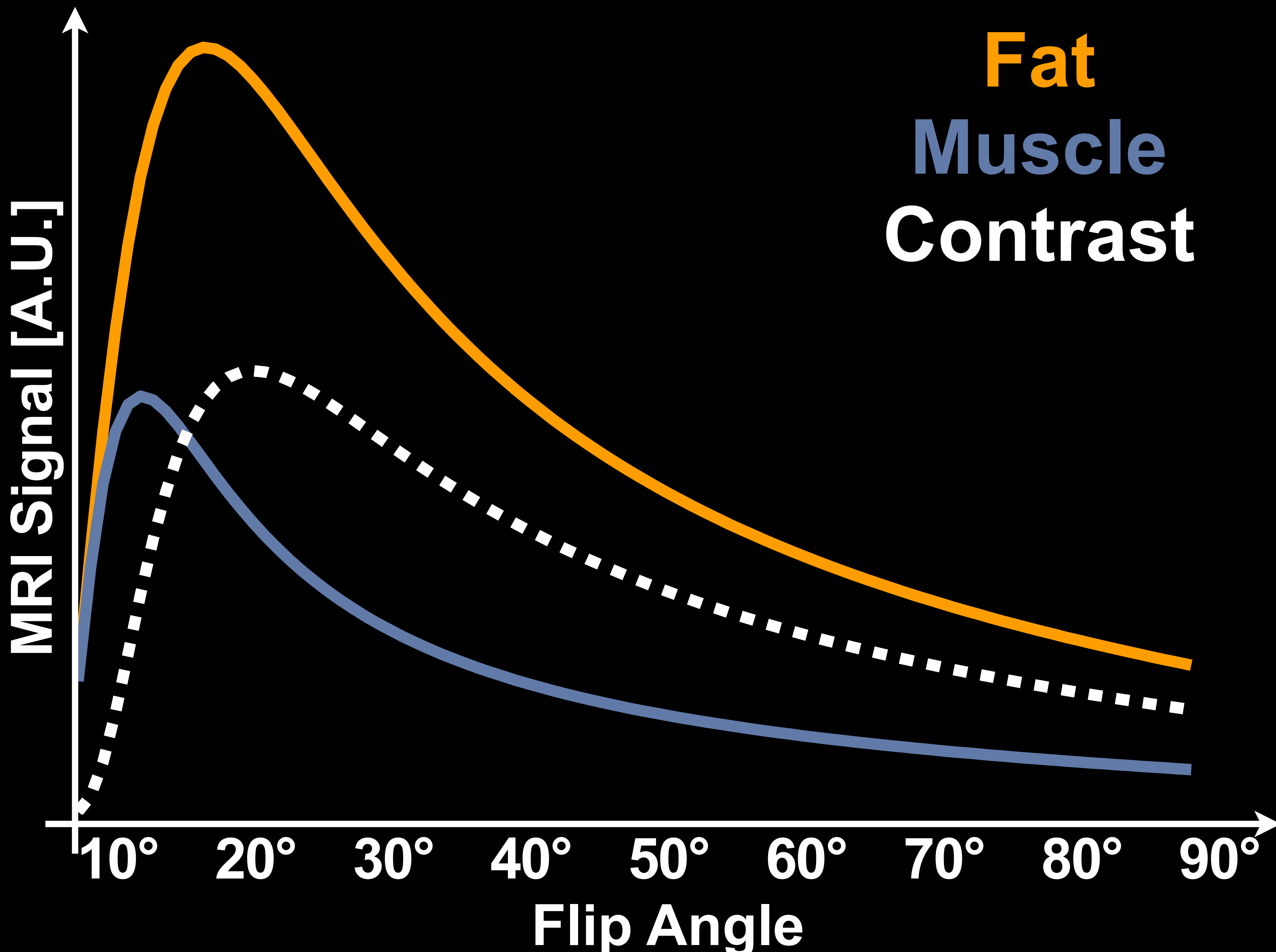
Spoiled GRE & Ernst Angle

$$\alpha_{Ernst} = \arccos\left(e^{-\frac{TR}{T_1}}\right)$$

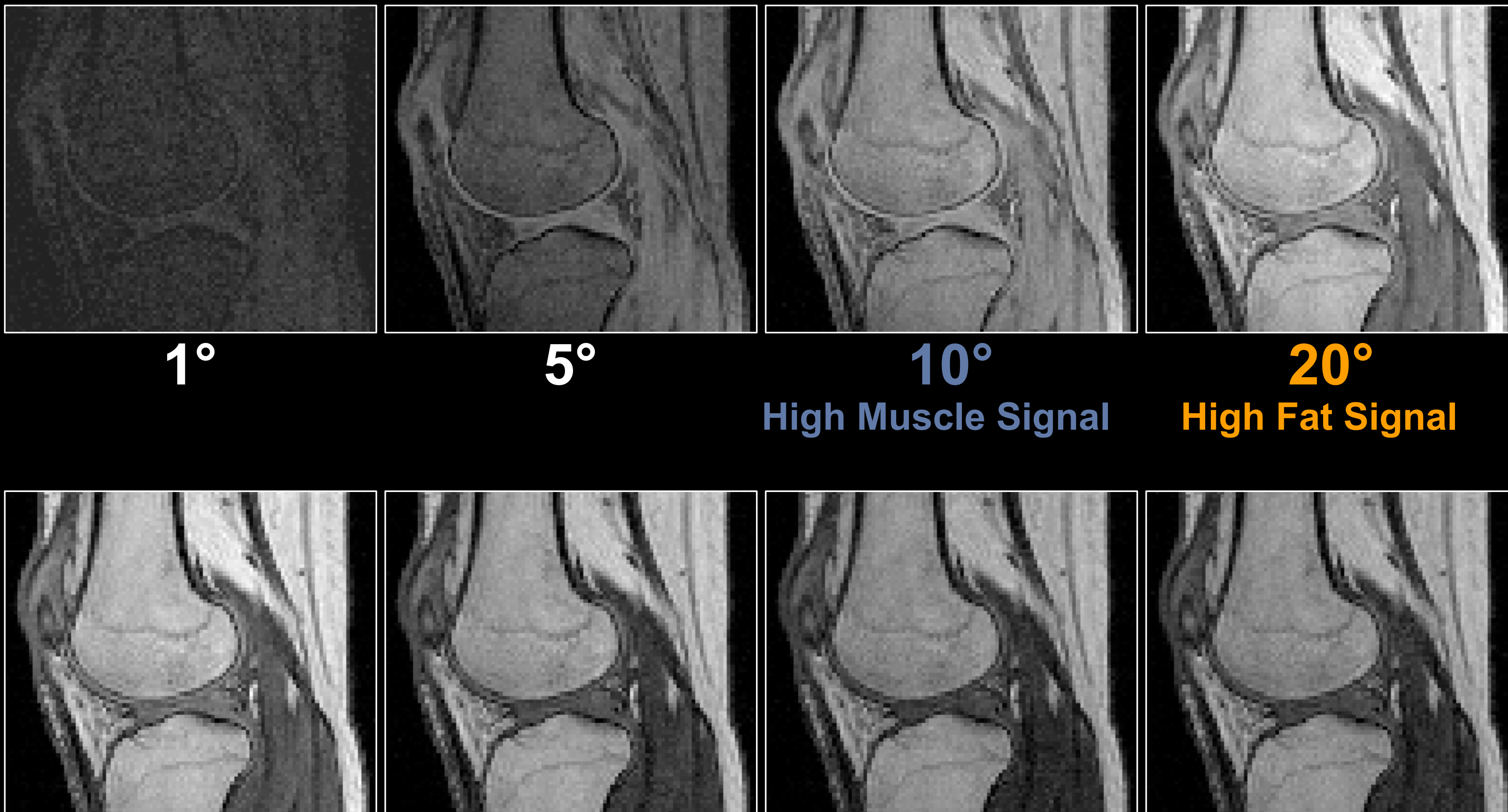
Produces the largest MRI signal for a given TR and T_1

Tissue	T_1 [ms]	T_2 [ms]
muscle	875	47
fat	260	85

Spoiled GRE & Ernst Angle



Spoiled GRE & Ernst Angle



1° 5° 10° 20°

10° High Muscle Signal

20° High Fat Signal

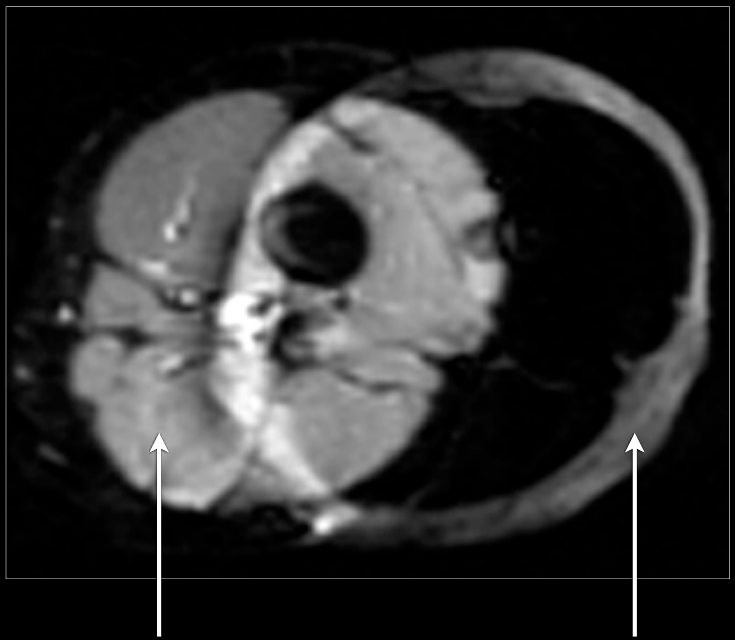
30° 45° 60° 90°

30° Highest Contrast

Gradient Echoes & Fat

Chemical Shift - Type 1

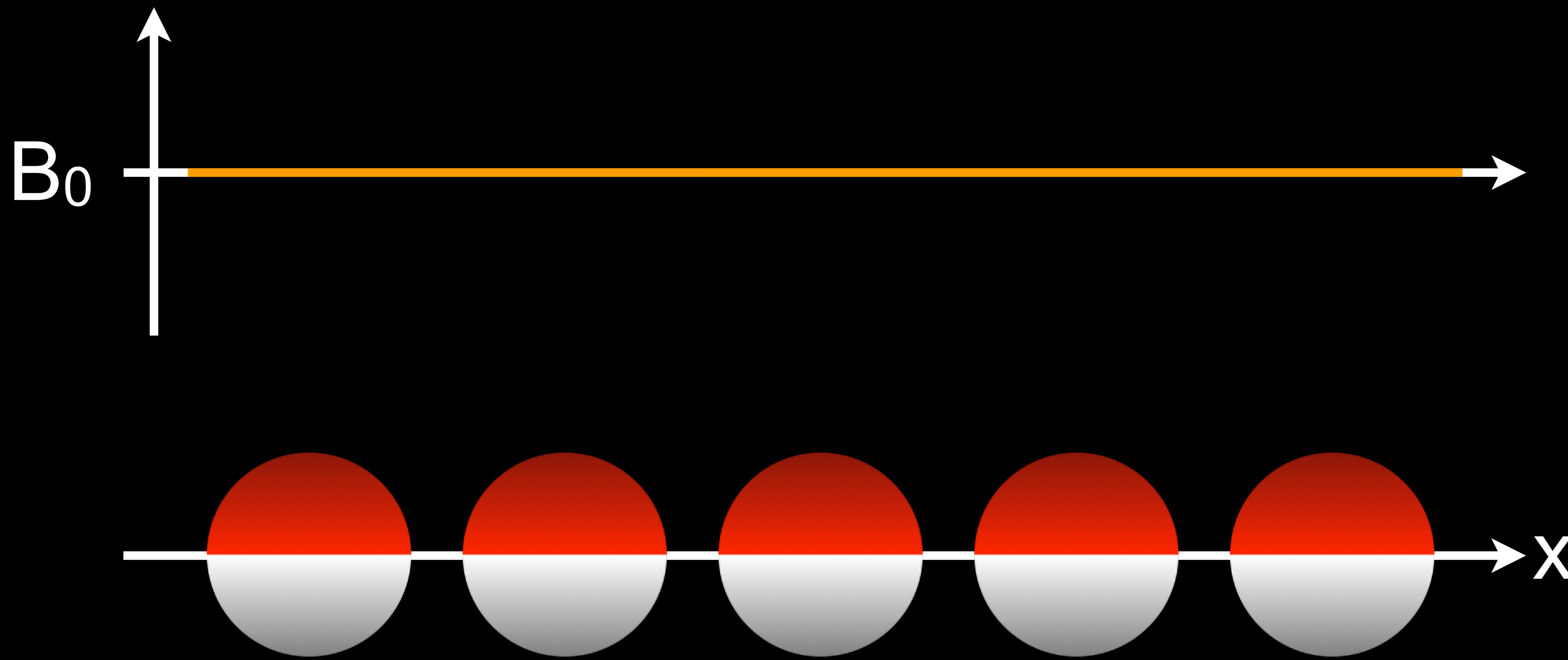
- Fat and water have different Larmor frequencies
  - ~220Hz different at 1.5T
  - ~440Hz different at 3.0T
- Spatial position is related to spin frequency in MRI.
  - Fat is *more* spatially mis-registered @ 3T



Chemical Shift – Fat (–CH_2) is ~220Hz *lower* at 1.5T

Image Courtesy of Brian Hargreaves

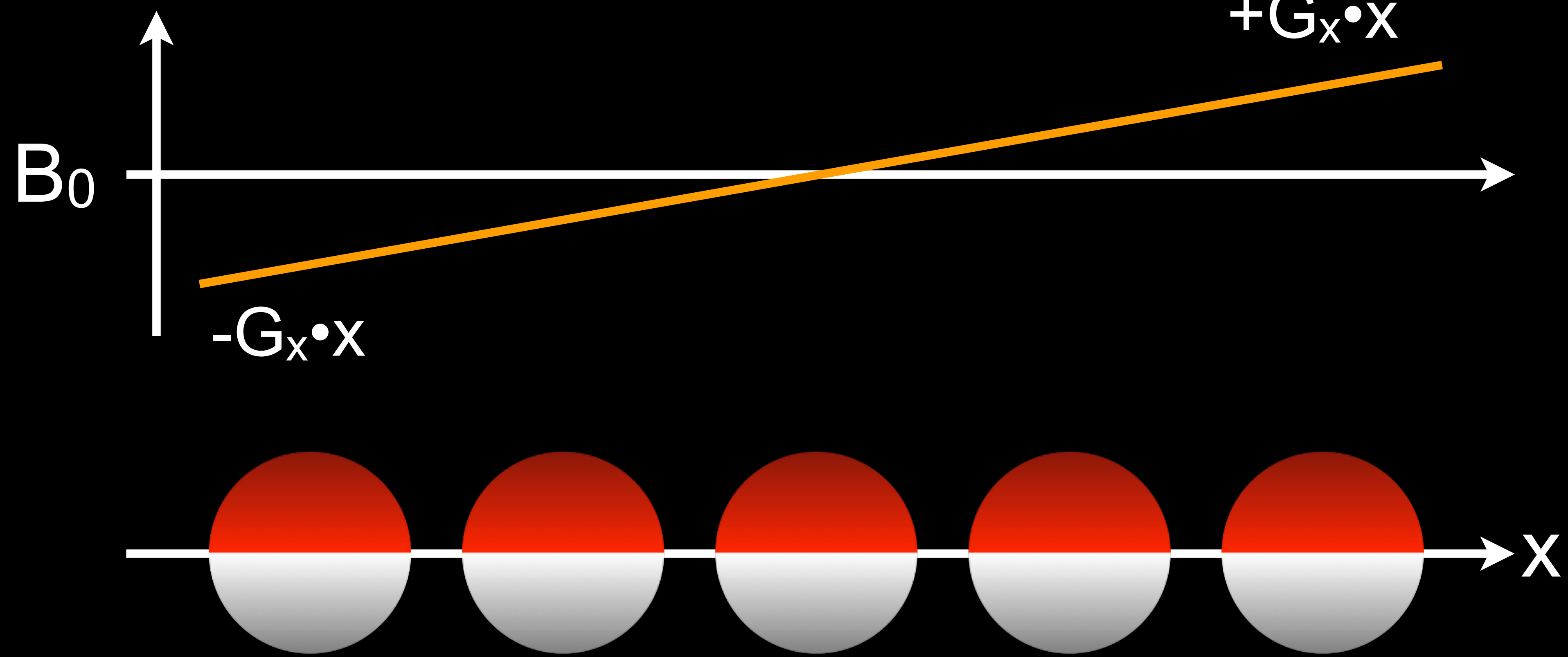
GRE & Fat/Water Frequency



Water Spins in a *Uniform* Field

Water spins precess at the same Larmor frequency in a uniform B_0 field.

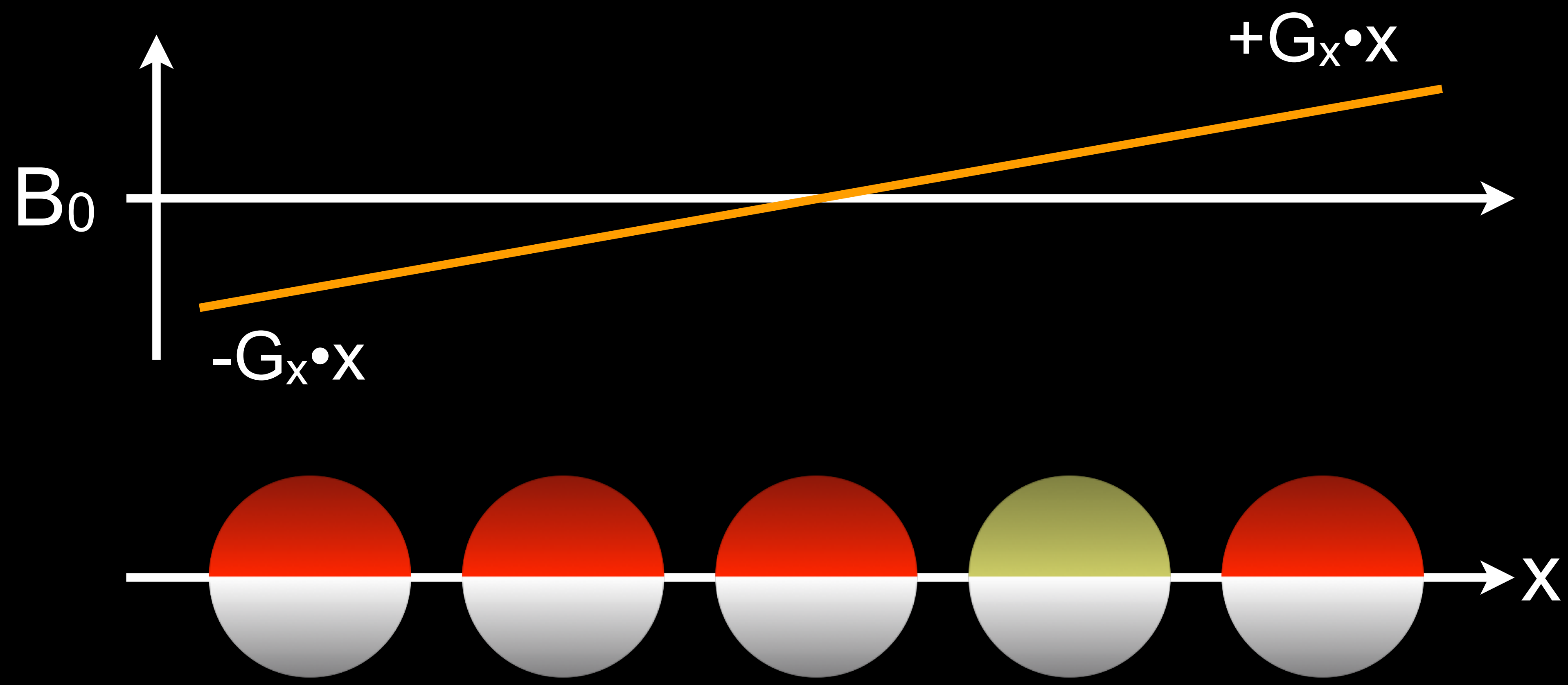
GRE & Fat/Water Frequency



Water Spins in a *Gradient* Field

Water spins precess at ***different*** Larmor frequencies in a non-uniform B_0 field.

GRE & Fat/Water Frequency

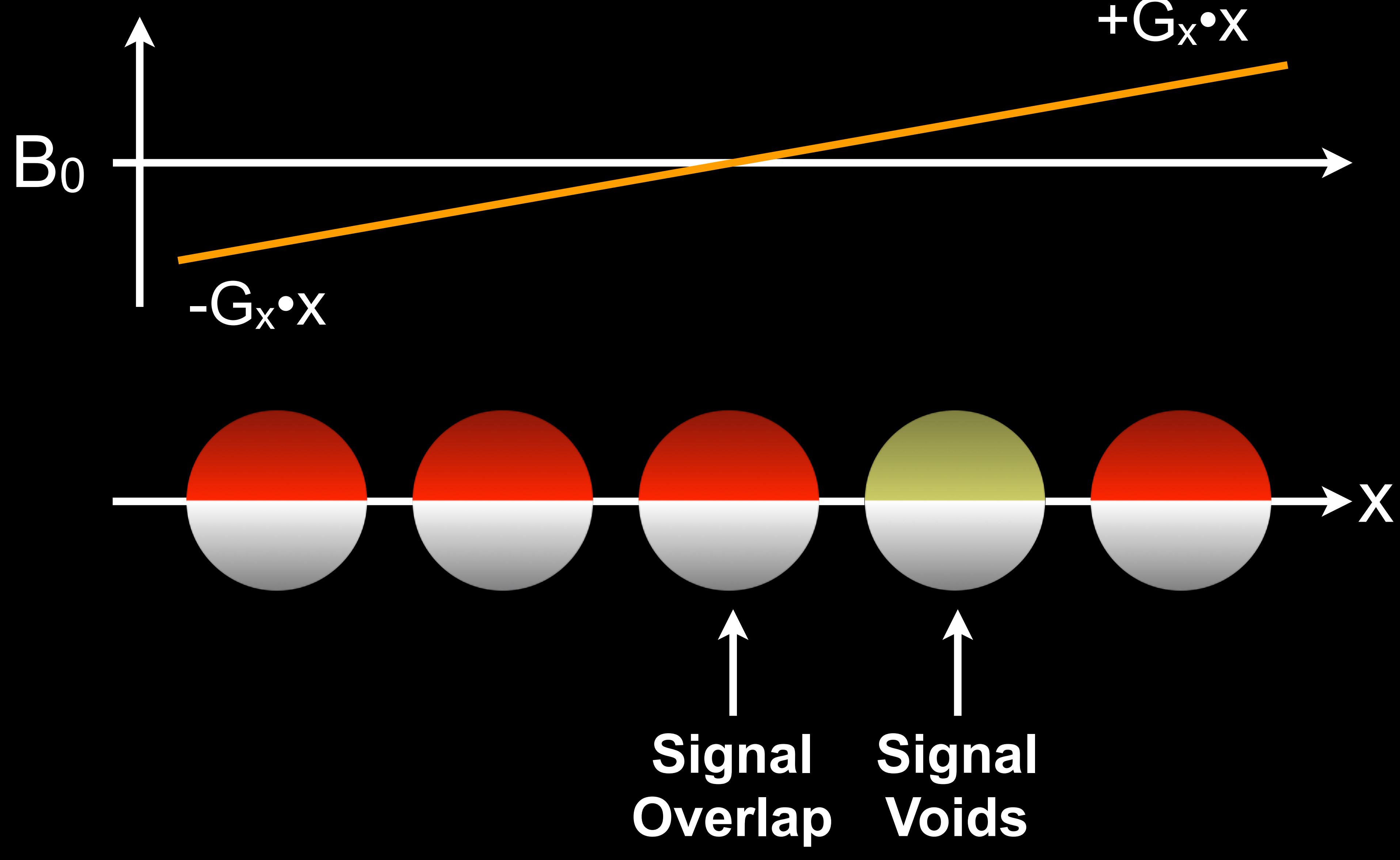


Water & Fat Spins in a Gradient Field

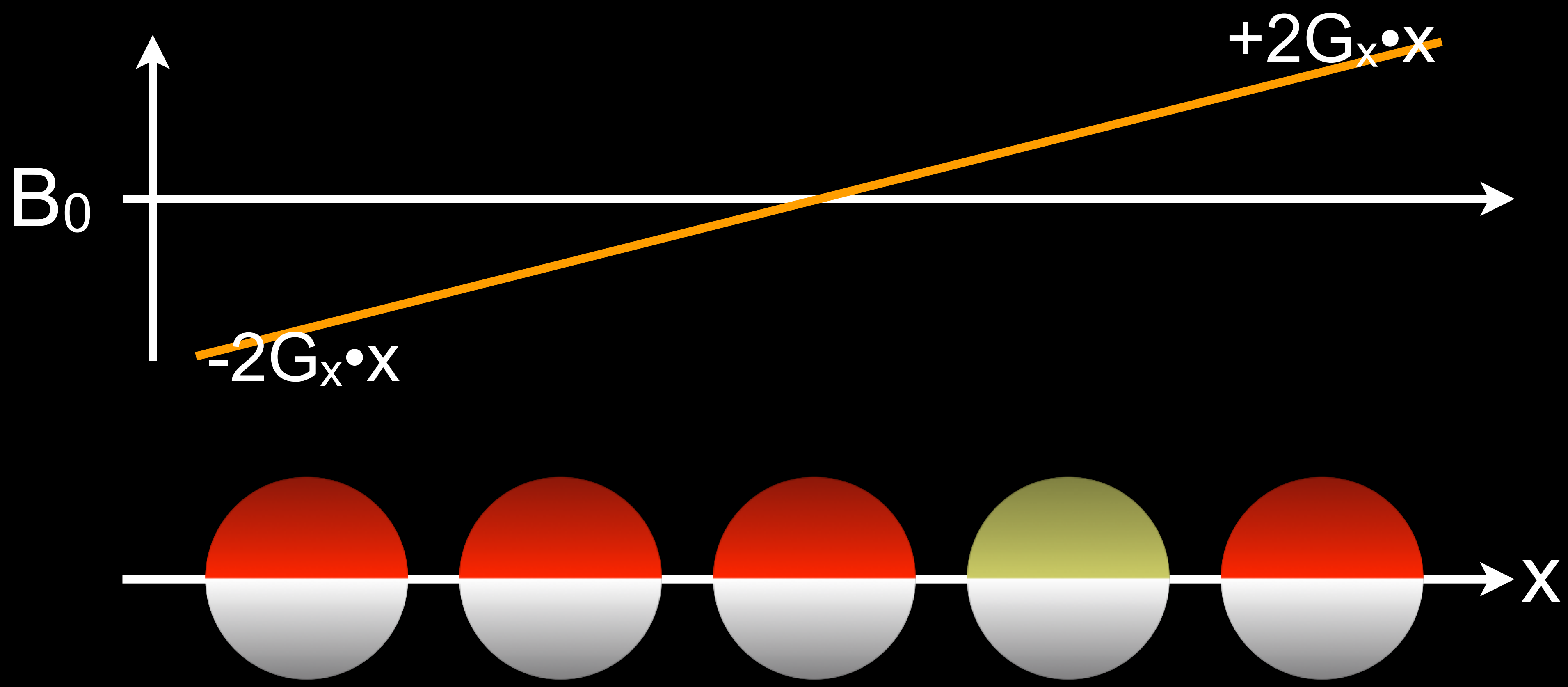
Fat Spins ~220Hz slower than water @ 1.5T

Spatial ***position*** is inferred from Larmor frequency.
Chemical (frequency) shift produces and apparent spatial shift.

GRE & Fat/Water Frequency

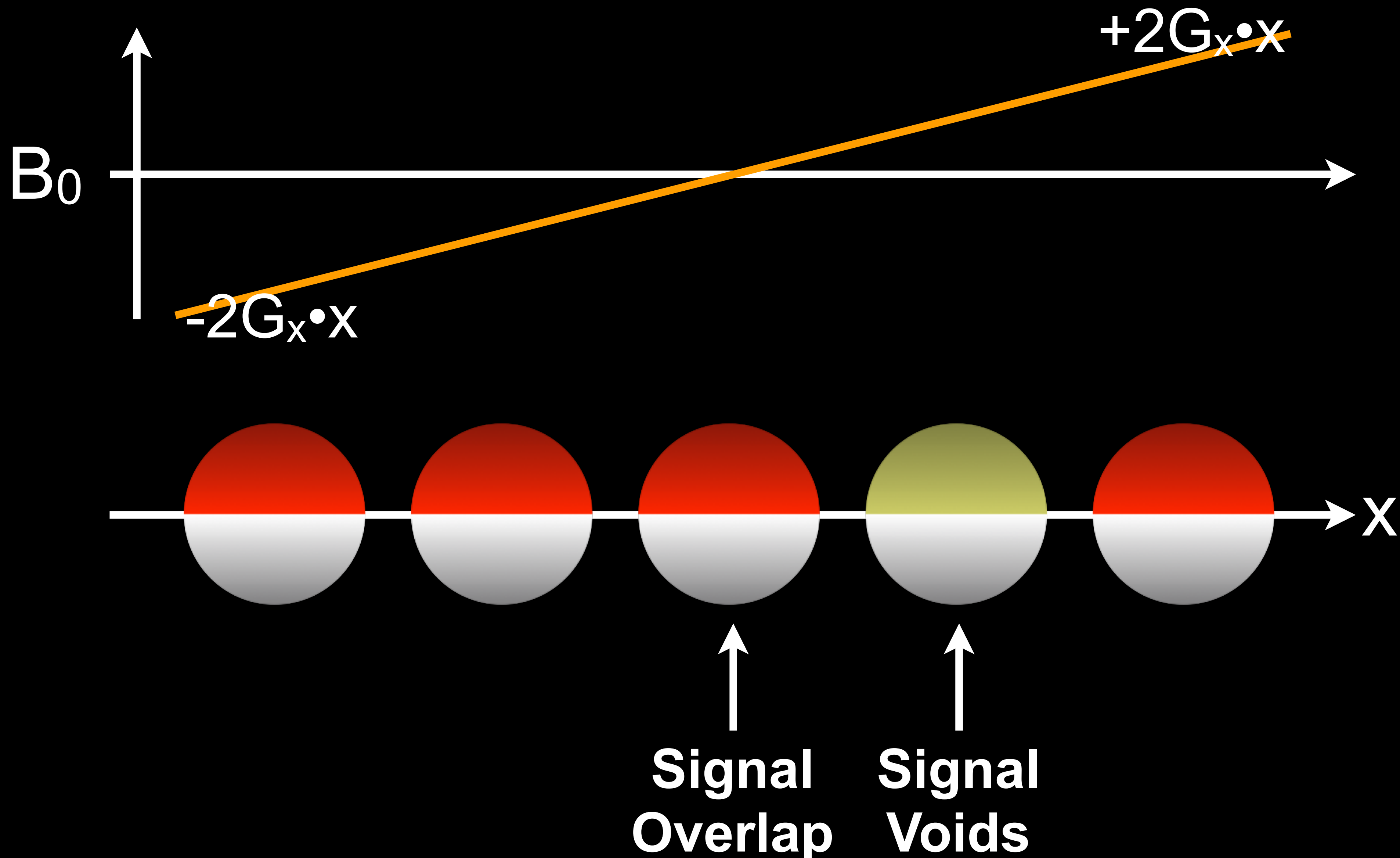


GRE and Bandwidth



Higher bandwidths use stronger gradients and result in larger frequency differences along x.
Chemical shift (frequency) is fixed for B_0, therefore chemical shift (Δx) is a smaller percentage.

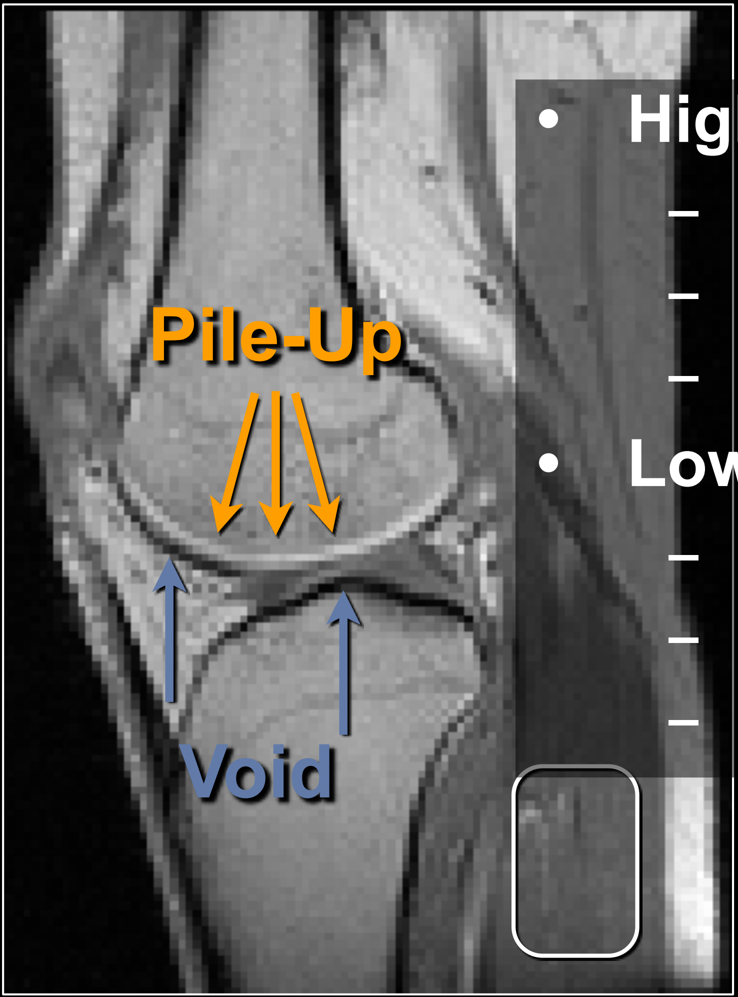
GRE and Bandwidth



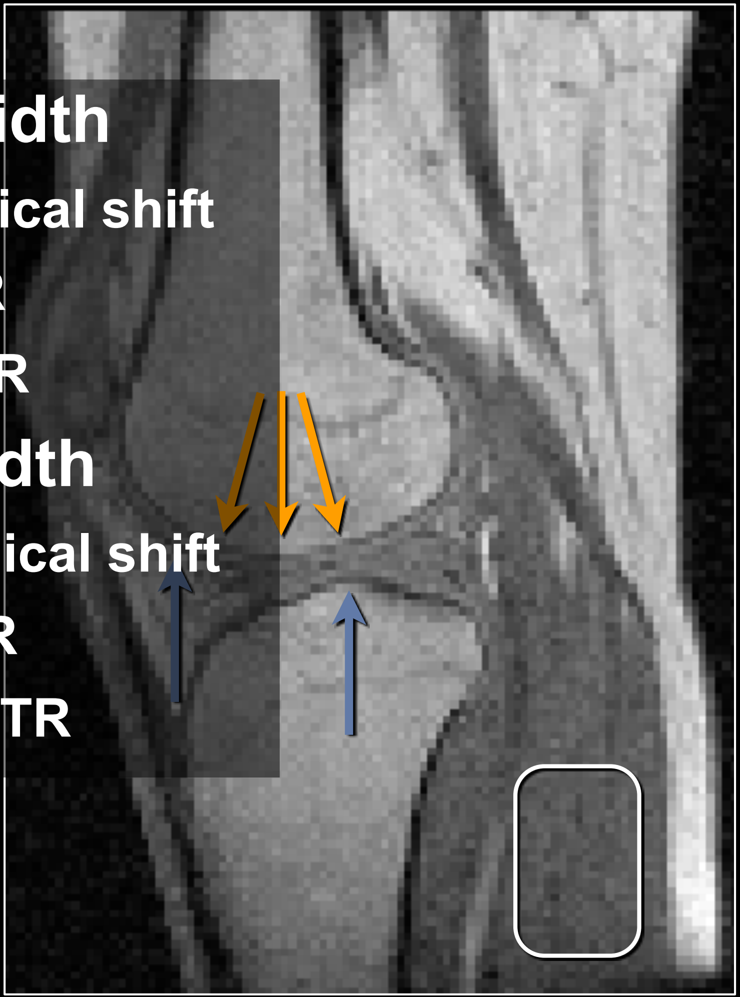
High bandwidth scans have less chemical shift.

GRE, Fat/Water & Bandwidth

Low Bandwidth



High Bandwidth

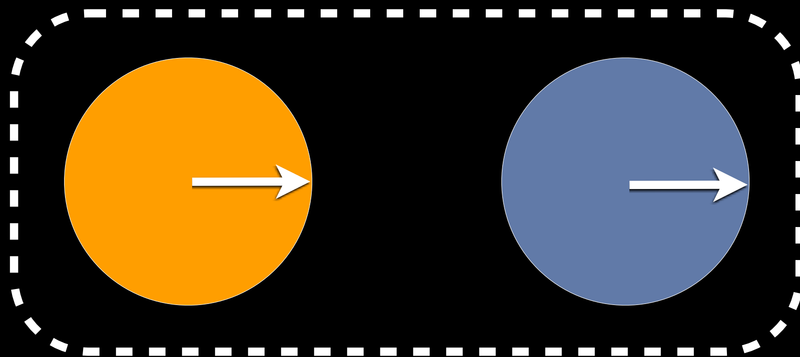


- **High Bandwidth**
  - **Less chemical shift**
  - **Lower SNR**
  - **Short TE/TR**
- **Low Bandwidth**
  - **More chemical shift**
  - **Higher SNR**
  - **Longer TE/TR**

Acquisition ***bandwidth*** is related to the ***speed*** with which an echo is acquired. If the ***bandwidth*** (speed) is high, then there is less time for chemical shift, less time for signal acquisition (lower SNR), and a shorter TE/TR.

Chemical Shift - Type 2

- Pixels are frequently a mixture of fat and water
- Pixel intensity is the vector sum of fat and water



Fat Water

In-Phase

$\longrightarrow + \longrightarrow > 0$

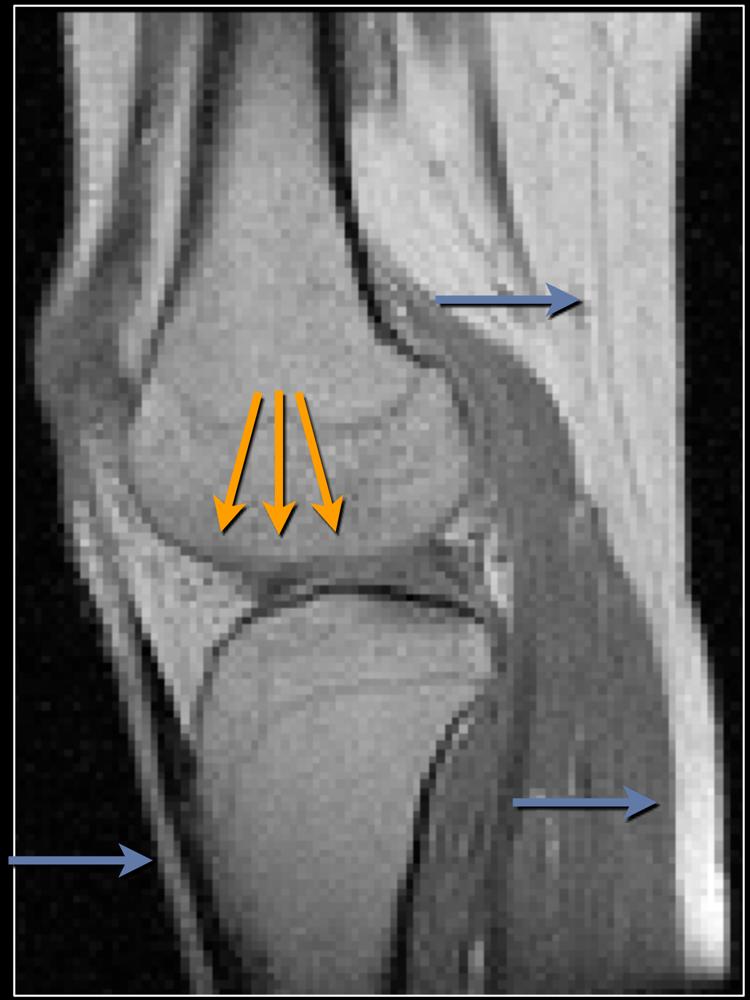
Opposed-Phase

$\longleftarrow + \longrightarrow = 0$

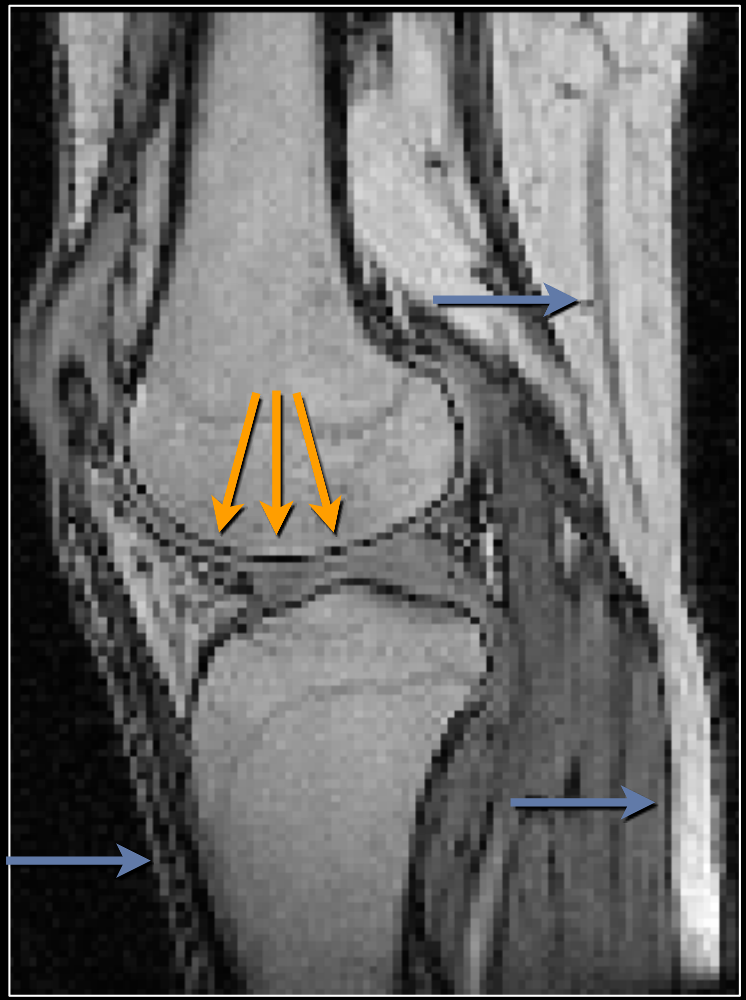
The TE controls the phase between fat and water.

GRE and Fat/Water Phase

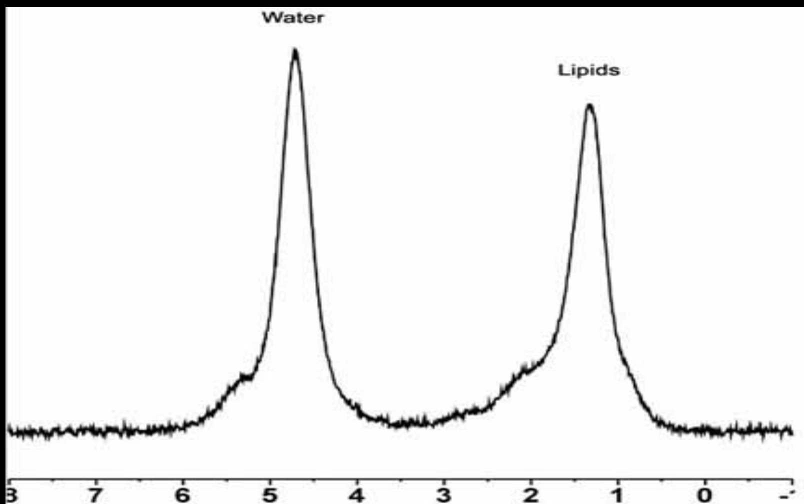
In-Phase

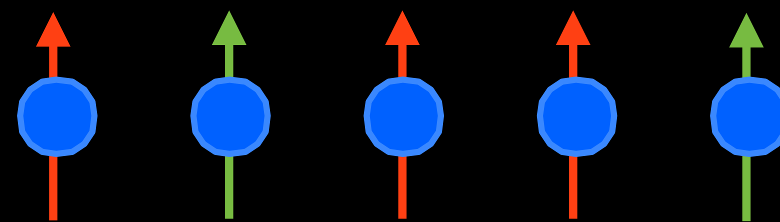


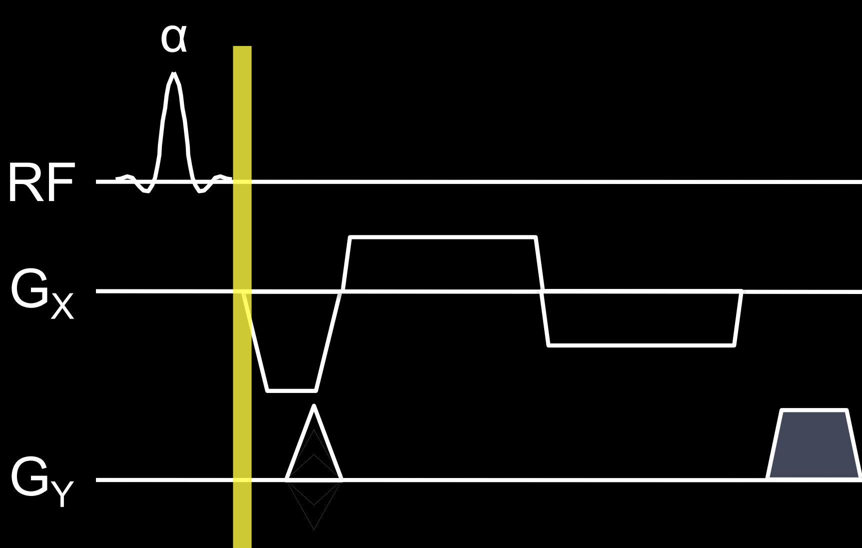
Opposed-Phase

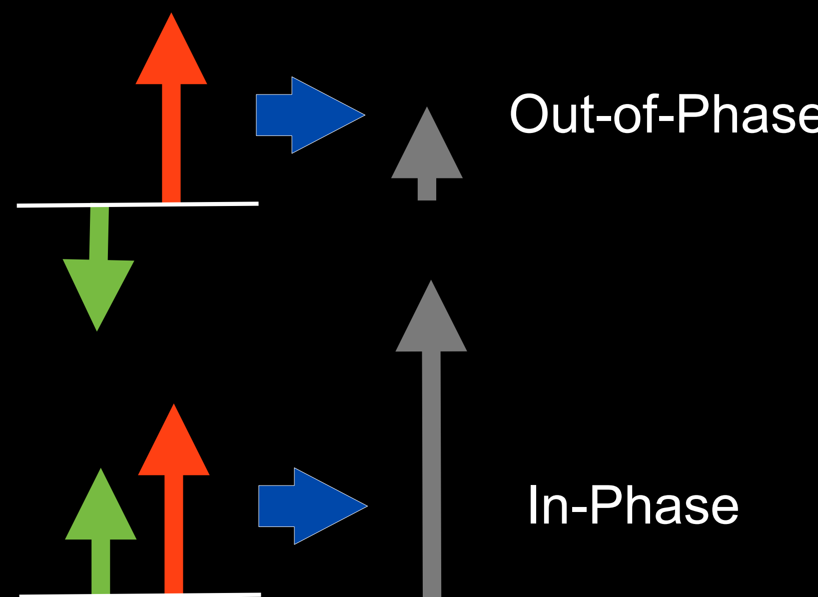


Dual-Echo Acquisition



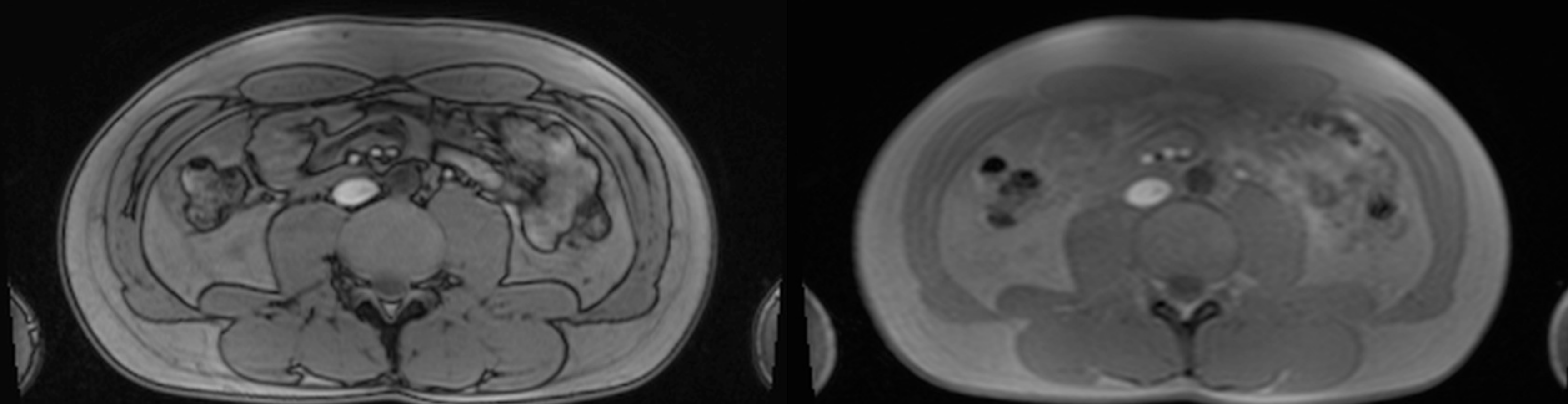






In-phase and Out-of-phase

Example: 3 T abdominal scan

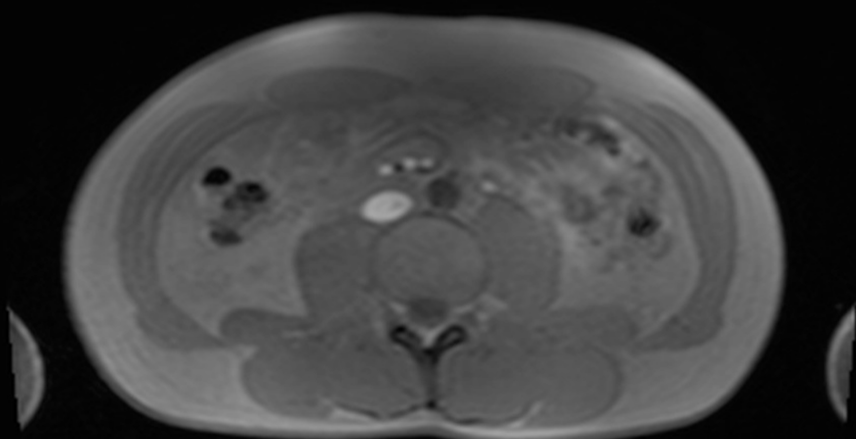


Out-of-phase (3 T), TE = 1.3 ms

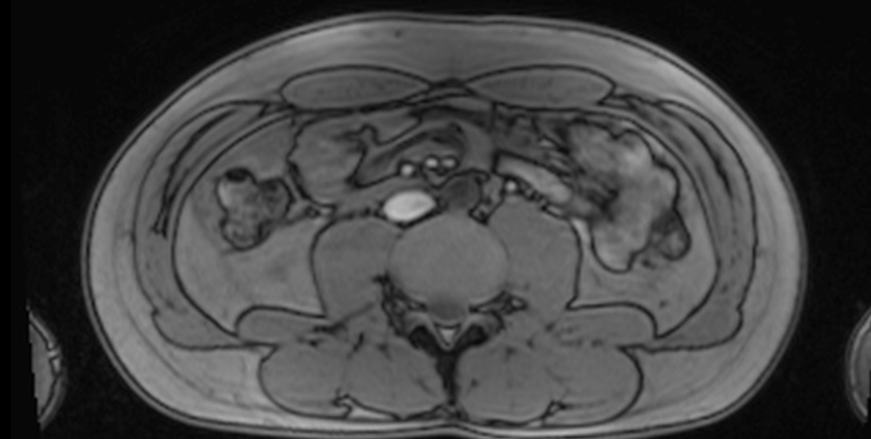
In-phase (3 T), TE = 2.6 ms

2-Point Dixon

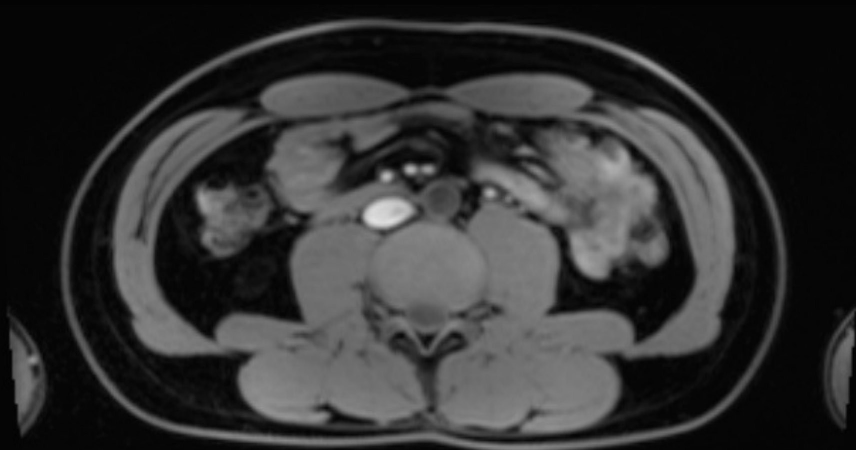
Example: 3 T abdominal scan



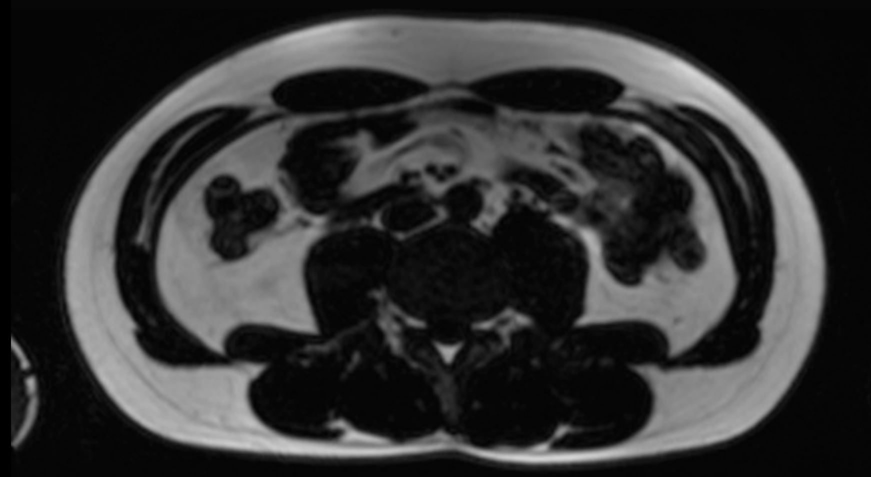
In-phase (3T), TE = 2.6 ms



Out-of-phase (3T), TE = 1.3 ms



Water



Fat

Gradient Echo – Summary

- Advantages
  - Fast Imaging Applications
  - Flexible contrast (T_1 or T_2*)

- Disadvantages
  - Off-resonance sensitivity
  - T_2^*-weighted rather than T_2-weighted

Questions?

- Related reading materials
  - Nishimura - Chap 7

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